

Oxfordshire Guardian

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Packed with news, sport, what's on and lots more...

SEE INSIDE

Thursday, November 24 - Wednesday, November 30, 2016

Advertising/Newsdesk: 01235 511700

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Local News



ASTON HEARING

European audiologist of the year 2016

Duncan Collet-Fenson of Aston Hearing, Thame is awarded European Audiologist of the Year

Aston Hearing has been providing quality private hearing care for nearly thirty years, in Amersham and Thame and now we are proud to announce that Aston Hearing's Director and long-standing audiologist, Duncan Collet-Fenson, has been named European and UK Audiologist of the Year 2016.

Duncan was nominated for the award by Nikki, who has been a client of Aston Hearing for many years. Unfortunately, in April this year Nikki experienced a drop in her hearing, reducing her hearing levels to complete hearing loss and leaving her with distressing tinnitus. Nikki was able to rush to Aston Hearing, where Duncan, carried out an emergency hearing test. Duncan's test revealed an audiogram that showed Nikki's hearing was dropping at an alarming rate. This is a condition known as Sudden Sensorineural Hearing Loss if not caught and treated early can become a permanent life-affecting hearing loss.

With all the results she required, Nikki went to A&E and was given steroids, within the 48 hour window of opportunity. After a long two and a half weeks on the tapered steroid prescription, Nikki's hearing recovered to the point it was prior to the initial drop.

Duncan Collet-Fenson "We are very grateful for the opportunity to use this award to try and highlight the very real devastating effect Sudden Sensorineural Hearing Loss (SSHL) can have on a person and their whole family. It is a condition that can affect any age at any time with no previous medical history – quick diagnosis is the best course of action to halt the progression of the condition and can in some cases help – recover the hearing"

"We want people to treat and care for their ears and hearing more like they treat their eyes and sight. Aston Hearing offer comprehensive hearing assessments for all ages."

Hearing Care for all the Family

Come see & hear for yourself more about your ears and hearing at the Aston Hearing Open House Week in Thame
Sat 26th Nov to Fri 1st Dec 2016
see inside for more details

WHAT'S INSIDE

New Hearing Technology

hear in Thame
OPEN HOUSE WEEK
Sat 26th Nov. till
7pm on Fri 2nd Dec.

Clear to Hear
'could it be wax'



Nikki Magrath and her family
Read her incredible story inside
backpage

hear in Thame

Open House Week
Saturday 26th November through to Friday 2nd
December - see inside for details and how to get
involved

Hear in Thame

Join us and discover more about you and your family's hearing

For more details visit:
www.astonhearing.co.uk



Do you have a hearing loss but are unsure whether you could benefit from hearing aids?

Our Open Week in Thame is designed to help people at the very beginning of their hearing journey. We will be answering your questions on all things hearing as well as giving you a chance to sign up for a Unitron Flex: Trial.

Flex: Trial hearing devices offer all of the technology of Unitron instruments, but they are programmed to last for 60 days, so that you are able to fully experience how amplification could benefit you before you commit to a purchase.

The devices' Log it All feature constantly analyses your listening environments, and this information is fed back to your audiologist, who is then able to see which settings and level of technology would be best for your lifestyle. You are able to have as many appointments as you like during your trial period, with adjustments made to the devices should you need them.



Want hearing aids that fit your lifestyle? Why not take them for a 'test drive' over the festive period...

We could even arrange the trial to cover the Festive Period - so you have real life

opportunities to put them to the test and hopefully enjoy the benefit. After your trial period, you will have a good idea of how hearing aids could help your listening abilities, both from your personal experience and the real data gained from the devices. Flex: Upgrade is also available, which allows you to choose a level of technology initially but then upgrade the instruments to a higher level at a later date, without having to buy completely new devices.

We are very lucky to have Alice Alkins with us for both open days. Alice is an industry expert and works for Unitron, so she knows the technology inside-out and is best placed to answer any questions you may have. As well as her experience with a major hearing aid manufacturer, Alice is also a qualified audiologist, and worked in an NHS audiology department before joining Unitron. She also helped to set up an audiology department in a school for deaf children in India. Alice's work on both sides of our industry means that she has specialist knowledge and can help you to decide whether a trial is right for you.

If you would like to come to our open week but are very keen to try the flex-trials why not register your interest by phone (01844 396057) or email (kate@astonhearing.co.uk). We look forward to meeting you.

Come and find us at
Thame Town Hall - Look out for our 'Hearing Awareness Bus' parked outside

Open House Week 26 Nov - 2 Dec

Sat 26 Nov 10am till 2pm
Mon 28 Nov - 10am till 4pm
Tue 29 Nov - 10am till 4pm
Wed 30 Nov - 10am till 4pm
Thu 1 Dec - 10am till 4pm
Friday 2 Dec - 10am till 12pm

Fri 2 Dec - 12pm till 7pm at our consulting rooms for Christmas Celebrations

What's going on....

Sudden Sensorineural Hearing Loss - What you need to know

Look, listen & feel the latest hearing technology

Audiologists on hand to answer all your questions

Hearing aid repair clinic

FREE tea and coffee and refreshments

Kids Hearing - what do you need to know?

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Investigation
after puppies
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Fears for homeless as vital funding set to go

Charity's flats at Vineyard home come under threat

By George Welch

TWO of Oxfordshire's homeless housing providers are facing closure after having their funding cut.

Together, Simon House Hostel and Julian Housing, which has homes in Oxford and Abingdon, provide more than 200 beds for homeless people.

But both charities will have their funding removed by April 2018, Oxfordshire County Council announced last week.

Homelessness organisations look set to suffer in the wake of unprecedented cuts, which will see a 65 per cent reduction in the county's budget of £1.5m by 2019/20.

One of the homes set to suffer is the Julian Housing-owned Vineyard housing in Abingdon.

The homes in Vineyard consist of 13 self-contained flats and are aimed at individuals aged 22-plus who are homeless and have a local connection.

Residents have medium to high needs and are supported by two members of staff who help in a variety of ways, including giving advice on debt

and budgeting issues, counselling, help with drug and alcohol issues, and access to health care, training, voluntary or paid work.

Councillor Neil Fawcett said he was confident the services will do their best to help current residents, but expressed concern about future ones who had "much less of a chance of being given the same standard of care and a bed".

Councillor Samantha Bowring said: "Places like Julian House on the Vineyard do such important work that benefits the residents and the wider community."

"If we help people when they first become homeless, we greatly reduce the risk of severe social problems later on which causes problems for everyone."

"This hardly benefits Oxfordshire and is a false economy for council taxpayers as well as being a poor way to treat fellow human beings."

In light of funding being slashed, all six councils across the county and the Oxfordshire Clinical Commissioning

• Continues on page 3



Lee Stafford with representatives from the college at the event on Tuesday

Hairdresser's stylish evening

CELEBRITY hairdresser Lee Stafford was joined by more than 70 hair and beauty professionals at an event at Abingdon & Witney College.

The college in Wootton Road, Abingdon, was given a pink makeover as Lee helped to prepare mod-

els and gave advice to students as guests were welcomed with pink champagne and pink canapés.

The audience was treated to a full range of his 'recipes' - Lee's name for the meticulously crafted styles and techniques he teaches

through the Lee Stafford Hair & Beauty Academy - and got involved in a Q&A session.

There was also the opportunity for salon managers and staff to take a look at the college salon and its industry-standard facilities.

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December to catch these festive browsers.

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Change not coming soon

The A34 is likely to remain hazardous for the short term

By Adam Flinn

THE safety review of the A34 is not expected to be completed until autumn next year, it has been revealed.

Last week MPs met with Highways England to discuss safety changes to the road, in the light of a number of fatal collisions on the stretch between the M4 and M40 this year.

It comes after a debate in parliament held in October led to roads minister John Hayes announcing an immediate safety review of the A34, with a view to potentially making major changes to the road in the long-term.

And while the review is now under way, it could be another year before it is completed and published.

As well as the MPs and Highways England, the meeting was also attended by representatives from the police, West Berkshire Council and the A34 Action Group.

Newbury MP Richard Benyon, who was at the meeting, said that they were also push-



• The aftermath of the crash on A34 in August in which four people were killed (Picture by Jay Wallis)

ing for short-term measures to be introduced, in particular a traffic management system on not just the A34, but also the M4 and M40.

This would see electronic signs installed that warned of delays on the A34, allowing drivers time to find an alternative route.

Mr Benyon said: "It was quite a positive meeting, and we made the point that we expect them

to deliver as quick as possible the traffic management system.

"It shouldn't just include traffic management on the A34, it should be on the M4 and M40 as well so drivers can be told of delays on the A34 and can avoid the road as a result, which should make a big improvement."

"The meeting wasn't going to result in a clear commitment but we made progress and this

shows it is right up on Highway England's priority list for resolving."

A Highways England spokesperson said: "Safety is Highways England's top priority and we remain committed to reviewing safety on the A34 as we do on all our roads."

"We had a productive, constructive meeting and will continue to work with our partners to improve safety."

College extension wins top architecture prize

AN Oxford University building triumphed at the World Architecture Festival in Berlin, Germany last week.

The University's Investcorp Building was named the best

higher education and research building in the world by a panel of judges.

The building, which opened in May 2015, was created by Zaha Hadid and commissioned

by St Antony's College to provide space for its Middle East Centre.

The extension spans two Victorian buildings on Woodstock Road in the grounds of the

college and is named after the investment firm that donated £11 million for the project.

This latest honour for the building follows its Oxford Preservation Trust and RIBA awards.

Dr Eugene Rogan, director of the Middle East Centre, said: "We are so thrilled to see our exquisite new building win the recognition of the World Architecture Festival."

Architect Dame Zaha, who was also behind the London Olympic Aquatic Centre, died aged 65 in March.

Dr Rogan added: "How appropriate for the late Dame Zaha Hadid to have given Oxford the best higher education and research building in the world in 2016."

"The Investcorp Building stands as a lasting tribute to her work in a city with some of the finest academic architecture from across the centuries."

Judges at the 2016 World Architecture Festival said: "Zaha Hadid expressed an architecture and form that allows the interior of the spaces to enjoy the view of the urban setting while cladding the building in a material that say 'I am the future'."

Dame Zaha, who was Iraqi-born, became the first woman to receive the Royal Institute of British Architects Gold Medal in recognition of her work this year.

News Bites

Arrests over cyclist's death

OXFORD: A total of six people have now been arrested in connection with the death of a cyclist in Oxford.

Eamonn Anderson, 56, who was assaulted on his bike on Oxford's High Street on October 25, died in hospital on November 11.

Iman St Clair, 18, of Kestrel Crescent, Oxford, has been charged with murder. He appeared at Oxford Crown Court on Monday and has been bailed until December 2.

A 23-year-old man, an 18-year-old man and three 17-year-old boys, all from Oxford, have been arrested on suspicion of murder and released on bail until January 16, 2017.

Missing man

WITNEY: Thames Valley Police are "increasingly concerned" for a 78-year-old man who has been missing since Monday.

Derek West was last seen in Meadow Lane.



He is described as 5ft 9ins tall. He may be wearing a blue sweater and jeans and Crocs-style shoes.

Inspector Steve Hookham, who is leading the search, said: "We are increasingly concerned for Derek's welfare."

Anyone who has seen Derek or knows of his whereabouts is asked to call 101 as a matter of urgency.

Free parking

S OXON: Vale of White Horse District Council is giving people an extra incentive to shop locally for their presents this year by offering free parking in the run up to Christmas.

Motorists can park for free on a number of days until December 24 in council car parks in Abingdon, Faringdon and Wantage.

Park for free in Abingdon on November 26, December 3, 10, 17 and 24; in Faringdon on December 3, 6, 9 and 17 and in Wantage on December 2, 9, 16 and 23.

Link work to start

HARWELL: Work on a new and highly anticipated £8m road will begin in the next few weeks.

Contractors will shortly start to carry out preparation work on the site of Harwell Link Road before the main phase of work gets under way in the new year.

The project, which will connect the B4493 to the A417 and aims to relieve congestion, is expected to be completed in spring 2018.



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Patients face reduced health services in £200m cuts Fears over leaked report

By George Welch

OXFORDSHIRE patients could face reduced access to health services after a leaked document highlighted more than £200m of cuts to services.

The document released by Reading Borough Council on Wednesday last week revealed the extent of NHS cost-cutting across Oxfordshire, Buckinghamshire and West Berkshire (BOB).

The secretive 'sustainability and transformation plan' (STP) report predicts a deficit of £479m by 2020 to NHS spending across the three regions.

And Oxfordshire is set to endure the brunt of the cost-cutting measures, with the county's four agencies accounting for £247m of the cuts, more than half of the total BOB savings.

The cuts could result in a reduction in the number of qualified nurses, with them being substituted by healthcare assistants, a cutback in the number of beds in hospitals and give 'new

roles' to community hospitals across the county.

County councillor Laura Price said the figures were 'absolutely shocking' but 'not surprising', and she feared the secrecy around the STP was because it would result in a mass reduction of services.

The Labour councillor said her prime concern was the dismantling of services, in particular adult social care, and the re-shifting of health provision to the home without demonstrating how it can be delivered.

This will "pile on more pressure on to an already overburdened sector", she added.

But it is not yet known how the proposals, which are yet to be finalised, will impact certain local health services, such as Abingdon Community Hospital.

The report revealed that Oxford University Hospitals Trust, which runs Oxford's Churchill and John Radcliffe hospitals, the Nuffield Orthopaedic Centre and the Horton General Hospital in Banbury, will



• Abingdon Community Hospital in Marcham Road

experience a £119m deficit by 2020 if "efficiency savings" are not made. Meanwhile, Oxfordshire Clinical Commissioning Group (OCCG) would see a loss of £89m, Oxford Health Trust £27m and South Central Ambulance Service £12m.

The plans have also outlined

£34m to be slashed from the NHS's workforce across BOB.

Health chiefs also advise that £7.9m of investments in GP services will help reduce the number of people attending hospital.

But Cllr Price said: "I can't see any clear plan - people are going to have less access to

health services."

Health officials had planned to delay publishing the document until January but Reading Borough Council leaked it due to 'serious concerns' about the transparency of the document drawn up by the NHS for the BOB area.

District councils contribute to help rough sleepers

• From front page

Group (OCCG) have grouped together to provide a solution.

Almost £3m will be spent over a three-year period to support single homeless peo-

ple across the county.

Councillor Judith Heathcoat said: "This is a good example of local organisations working together to come up with a realistic solution despite dif-

ficult circumstances."

The project will be delivered over a three-year period starting from April 1 2017, say OCC. South Oxfordshire and Vale of White Horse District Councils

are investing £215,000 to support residents who are rough sleepers or are at risk of becoming one.

The funding will provide 26 supported beds for the district's

most vulnerable residents for the next three years and will include on going support to help people get back to a stable life.

Vineyard declined to comment.

News Bites

Wildlife talk

ABINGDON: Friends of Radley Lakes are organising a talk on local wildlife sites Barton Fields and Radley Lakes.

The speaker on Friday at Peachcroft Christian Centre, Lindsay Drive, Abingdon at 7.30pm will be David Guyoncourt, a local naturalist and warden of the Barton Fields Nature Reserve.

The talk will be preceded by a short AGM. Contact Marjorie White for more information on 01235 530174 or email marj.white@ntlworld.com

Branch's award

ABINGDON: An Abingdon opticians is celebrating after being voted branch of the year in the central region by the national high street retailer.

Scrivens Opticians & Hearing Care gave the Bury Street branch top spot ahead of 26 other branches at their annual awards ceremony.

Mums' market

ABINGDON: Abingdon parents can grab a bargain at a market in the town next week.

The national Mum2Mum Market will visit Fitzharrys School on December 3, when residents can sell and buy second-hand items for babies, toddlers and young children - and get 90 per cent off retail prices.

Toys, books and maternity wear are often on sale at the event from 2pm to 4pm. Entry costs £2 but is free for children.

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Fly tipping fears over plan to change waste recycling

By Eva Astreimidou

A NEW household waste recycling strategy has been approved that will impose charges for waste and reduce hours for the area's waste centres, raising concern for fly tipping and congestion.

Oxfordshire County Council gave the plans the green light at a cabinet meeting on Tuesday.

The new services will be implemented from October 1 2017.

The service changes have raised concerns about an increase in fly tipping as residents would have to change

the way they currently use Household Waste Recycling Centres (HWRCs) because of the changes to opening times or imposing fees for disposing of waste items.

David Nimmo Smith, Cabinet Member for Environment, dismissed these concerns by saying: "We've had a consultation with the public so there is no reason to think it will increase fly tipping."

He added that North Oxfordshire went through similar measures and there was no result of increased fly tipping.

When asked about the amount of savings the council are looking to make, he said:

"We are just trying to make the best use of the services available."

In December last year, the County Council initiated talks on the future provision of HWRC services.

To carry out the strategy, public consultations were undertaken from July to August.

Residents are currently charged for DIY items; however the first three items are free.

The proposed change to DIY waste would remove the 'three for free' provision and charge for all DIY waste items.

Charges will be made for the

following items: inert waste (e.g. rubble, bricks, concrete), tyres, plasterboard, construction and demolition wood, DIY waste (e.g. doors, windows, baths, toilets, water tanks, guttering, roofing, etc.)

Labour county councillor John Tanner said: "Charging people will only increase fly tipping. I am sure people will be outraged but by then it might be too late."

"I know the county council is under financial pressure but I don't think this is the way to help."

Whilst the majority of people consulted said the council should save money or create

income by charging for non-household waste, 33 per cent of residents expressed concern at the service changes due to a perceived increase in fly tipping.

Other councils have implemented similar changes at their HWRC sites. These include Hampshire, where all sites have reduced opening hours and are closed every Thursday.

Charges for DIY waste in other areas range from £2 to £4 per item.

The contractor to carry out the changes and impose new costs will be decided in May 2017.

News Bites

Sex assault at O2

OXFORD: Police have released CCTV images after a woman was sexually assaulted at an O2 Academy gig in Oxford earlier this month.



The 20-year-old woman was on the ground floor dance floor close to the stage when she was sexually assaulted by a man at about 1.30am on November 3.

The offender is white, about 6ft, in his late teens to mid twenties, of medium build and has mousey or brown coloured hair with a quiff and short sides.

He was wearing a blue long-sleeved top and dark trousers. Contact police on 101.

Funding poll

CHARLBURY: Residents will be polled on the allocation of two grants on December 8. Have your say at the Charlbury War Memorial Hall, Browns Lane, from 4pm to 9pm.

The result can be viewed at www.westoxon.gov.uk

Arrests made over Heathrow expansion demonstration

TWO Oxford people were among those arrested as part of a demonstration near Heathrow Airport.

Antoine Thalmann, 25, and Henry Owen, 23, were part of a small group of people who ran on to the M4 spur road and laid down in front of oncoming traf-

fic on Saturday, causing temporary disruption.

The protesters brought traffic to a halt just after 11.30am and there were still some delays to traffic three hours later.

A total of 15 people were charged as the group pro-

tested against the airport's expansion.

People aged between 21 and 67 have been charged with wilful obstruction of the highway, according to the Met Police.

The force also confirmed they have all been bailed to appear at Ealing Magistrates' Court on December 22.

The protest is the latest in a long line of protests objecting to a third runway at Heathrow.

People of all ages were present to take part in the demonstration on Saturday which was organised by campaign group RisingUp!.

The Government chose to expand Heathrow over Gatwick, saying the expansion would bring economic benefits to passengers and the wider economy worth up to £61bn, and create as many as 77,000 additional local jobs over the next 14 years.

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First aider to run marathon in his friend's memory

A FIRST aider from near Faringdon is to run next year's London Marathon for St John Ambulance in memory of a close friend and colleague who died in August.

Huw Mellor, 51, a chartered town planner from Fernham and a workplace first aider, was in the office when colleague and friend Rob Froud-Williams, 37, had a heart attack.

Huw provided first aid and reassurance to Rob until the emergency services arrived – but he went into cardiac arrest and passed away despite everyone's efforts to save him.

Rob left his wife Nic and their three children Katy, Amy and Ben. Huw said: "Rob was my friend and my work colleague, but my friend above all."

"We'd often have friendly banter when the England Rugby team beat my team Wales – I and everyone else who knew him miss him a lot."

Huw is a trained first aider, trained by St John Ambulance over the past seven years.

He said: "I happened to be in the office that day back in August. I'm so grateful to St John Ambulance as they gave me the skills to try to help and to be there at a desperate time."

"I think it helped Rob's family too, knowing someone he knew was there with him and he was being helped right to the end and was made as comfortable as was possible in the circumstances."

"That's why I want to run for St John Ambulance. To raise money for the charity and to give a little (or a lot) back to them."

"I'm running most of all for Rob of course. And for Rob's family, to put some more memories out there for them."

Huw is a keen runner having completed his first Ultramarathon this year called 'Race to the Stones', which is a 100km trail run along the ancient Ridgeway route from Watlington in Oxfordshire to the stone circle at Avebury in Wiltshire. He finished it in around 15 hours.

He is now urging others to join St John Ambulance's heroic team



of runners to support the vital work of the nation's leading first aid charity.

The 2017 London Marathon will take place on April 27. To sponsor Huw, visit: <http://tinyurl.com/jlkvwjd>

New head boy out to make a difference

A SCHOOL refuser with autism who spent three years out of education is celebrating after being awarded a prestigious role at SEN school LVS Oxford.

Craig Harris, 15, has become Deputy Head Boy at the school for children with a diagnosis on the autism spectrum to complete a remarkable transformation after being unable to cope with mainstream education. Craig

wrote a formal letter applying for the role of Head Boy last month, in which he said: "I want to make an impact on the world and inspire other young people with autism. 'What I want is people with autism to achieve things that others would be too scared to even start, instead of trying to hide it from the world.'"

Craig was awarded the Deputy Head Boy role, which means he will represent the school publicly, help run and stage events, and show guests and prospective new families around LVS Oxford school if they are looking for a more suitable education for a child with autism.

The current Head Boy and Head Girl, Charlie Goode and Holly Balchin, gave a personal tour of LVS Oxford to the Countess of Wessex earlier this year at the

school's official opening.

Just over a year ago Craig and mum Debbie would never have imagined he would be in a position of authority and studying for qualifications that will give him an independent future.

He had missed year 8, year 9 and all but the first few weeks of year 7 at a mainstream school, where they could not cope with his behavioural issues which were driven by being singled out by other children.

Debbie said: "Craig wouldn't interact with anyone due to anxiety. He was petrified of education and used to throw his uniform out of the window."

Following various therapy sessions to relieve anxiety, Craig has gone from years locked away in his room to having a future in education and beyond.

Craig, whose main passion is English and drama, has opted to do a BTEC in Business Studies.



• Craig Harris, 15

News Bites

Woman motorist assaulted by cyclist

OXFORD: A woman was verbally abused and assaulted by a cyclist in an unprovoked attack in Oxford.

The 66-year-old was in her car in Mansfield Road at the junction with Holywell Street at around 10.15am on November 10 when she was approached by a cyclist who became verbally abusive towards her.

The offending male began banging on the car before he approached the driver's window and hit the victim on her right arm.

The victim was not badly injured during the incident.

The offender is described as a white man with dark hair and a beard. He was wearing a dark helmet.

Contact police on 101.

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COWLEY: Templars Square Shopping Centre is joining forces with Amazon this Black Friday weekend to reward shoppers with the chance to win £200 of prizes.

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Seven appear in court on child sex abuse charges

By George Welch

SEVEN men have appeared in court charged with child sexual exploitation offences in Oxford.

The charges include conspiracy to rape, causing or inciting a girl aged 15 to engage in sexual activity, and the indecent assault of a girl under 16.

The men appeared in Oxford Crown Court on Friday, charged as part of Thames Valley Police's Operation Rolo, following police raids in the city last month.

The offences are alleged to have been committed between 2000 and 2005.

Moinul Islam, 40, of Wykeham Crescent, Oxford, faces one count of conspiracy to rape, one count of conspiracy to commit another sex offence, two counts of supplying class-B drugs, one count of supplying class-A drugs, and one count of supplying class-C drugs.

Ceejay Jackson, 54, of Bella Court, Oxford, is charged with one count of conspiracy to rape

and one count of conspiracy to commit another sexual offence.

Haji Naim Khan, 36, of The Willows, Oxford, is charged with one count of kidnap, one count of conspiracy to rape, and one count of trafficking for sexual exploitation.

Four of the men, aged between 34 and 42, cannot be named for legal reasons. They are all due to appear again for a plea hearing on December 8.

The raids took place at dawn on October 22.



• Police prepare for the Operation Rolo raids

News Bites

Woman robbed

OXFORD: A woman was robbed of cash in Cowley.

She was walking along the footpath between Templars Square and Beauchamp Lane at 9.50am on November 12 when a man walked past her.

He pushed her and stole cash from her purse after she dropped her handbag.

The offender is a white man, about 6ft 2ins tall, in his early 20s and slim. He was wearing black tracksuit bottoms and a black hooded top with the hood up. Call police on 101.

Model firefighters

OXON: Firefighters at Eynsham Fire Station have taken part in the internet mannequin challenge craze to raise awareness of the dangers of using mobile phones at the wheel.

The video, showing the crew helping at a mock crash scene, can be found at <http://tinyurl.com/z4j558w>

Over-60s games

S OXON & VALE: Residents aged 60-plus in South Oxfordshire and Vale of White Horse have the chance to compete in their own indoor games.

For more information about the Vintage Village Games, see whitehorsedc.gov.uk or southoxon.gov.uk.



• Barney on the road to recovery

Puppies found dumped in a cage

THE RSPCA has launched an investigation after five puppies were discovered dumped in a cage near Chipping Norton.

The puppies, three of which had already died, were found with no water by a dog walker on October 24.

Two eight-week-old pups were found in a crate alongside the bodies of their three maggot-ridden siblings – but one of the puppies later died at the vets.

The surviving puppy, now named Barney, was taken in

by the RSPCA's Oxfordshire branch in Abingdon.

He is thought to be a beagle-Jack Russell cross and is doing well in foster care.

Inspector Lauren Bailey said: "The cage was dumped in the middle of a field in the middle of nowhere. No-one could have stumbled across them and saved them in time. In fact, the only reason they were found is because a walker's dog dragged him over to them."

"I suspect they were all alive

when they were dumped, with a bowl of food but with no water or shelter, and one by one they perished."

If anyone has information about the dumped puppies, they should call the RSPCA on 0300 123 8018.



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News Bites

Jailed for threat to taxi driver

STEVENTON: A Steventon man will spend more than three years behind bars for threatening a taxi driver with what is believed to be a syringe.

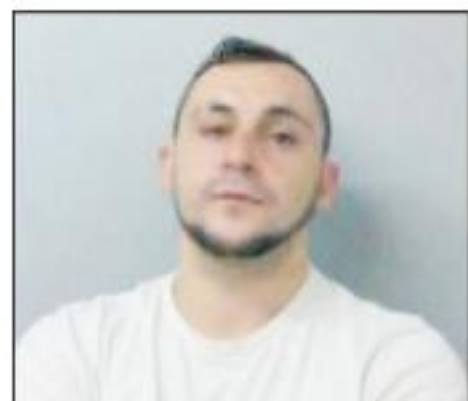
Luke Jarvis, 27 of Barnett Road, pleaded guilty to one count of robbery and will spend a total of three years and nine months in jail following a robbery in Abingdon.

On October 14, at about 2pm, Jarvis called a taxi to take him from Steventon to Abingdon before he attacked the driver with what is believed to have been a used syringe.

Jarvis demanded money from the driver and took his wallet which contained a small amount of cash.

The victim did not sustain any injuries. Jarvis was arrested on October 18, and was charged the same day.

He was convicted and sentenced on Thursday last week at Oxford Crown Court.



• Luke Jarvis

Land campaigners win green space and path

By George Welch

BRITAIN'S oldest national conservation body has saved land in Witney from being illegally built on.

The Open Spaces Society secured new green space and a footpath for the town on land between Thorney Leys and Curbridge Road after developer Richmond Care Villages (RCV) built homes illegally.

RCV illegally obstructed Witney footpath 40, which they belatedly applied to move.

The Open Spaces Society said the path is important because it is a traffic-free direct route to and from open countryside south of Witney.

The society's local correspondent, Chris Hall, objected to the revised route of the path because it was longer and less pleasant for users as it passes through a housing estate instead of over a green field.

The objection would normally go to a public inquiry, thereby delaying the development by several months.

But Mr Hall struck a deal with the RCV which will see an extra green space in Witney.

He offered to withdraw the



society's objection provided RCV dedicated land on the site as a town green, thus ensuring that the public can use it for informal recreation and that it is protected against development.

The society also insisted that the public should be invited to visit the development to see the old and new paths and the position of the new green before the changes are made legal.

RCV have also offered an additional new path across the estate linking to a pedestrian-controlled crossing of Thorney Leys.

RCV said they would offer a public apology for illegally obstructing the path in due course.

At the society's urging, RCV opened the site for two week-



ends in November to enable people to view the proposals.

Kate Ashbrook, general secretary of the Open Spaces Society, said: "While we deplored RCV's illegal obstruction of the public footpath, we are pleased to have found a solution which will benefit the people of Witney."

"They will have a new path across the site, made easily accessible by a pedestrian-controlled crossing of Thorney Leys and a wheelchair-accessible kissing gate, and an attractive green space for quiet recreation."

The green and the path will be open for use in spring 2017.

• A new house illegally obstructs Witney footpath 40, marked by blue flags



Trial for 'Jihadi Jack' parents

THE parents of Jack Letts – dubbed 'Jihadi Jack' – did not enter pleas at a hearing last week ahead of a court case in January.

Organic farmer John Letts, 55, and book editor Sally Lane, 54, have been charged with making money available for terrorism purposes.

The pair appeared at London's Old Bailey on Thursday last week but neither entered any pleas to the charges.

The couple of Chilswell Road, Oxford, will appear at the same court on January 9, accused of funding terrorism.

They are both accused of three counts of entering into a funding arrangement for terrorism purposes – £223 on September 2 2015, £1,000 on December 31 2015 and £500 on January 4 2016.

Ms Lane is facing further charges of attempting to provide money knowing or having reasonable cause to suspect that it may be used for terrorism purposes, contrary to the Terrorism Act 2000.

This includes two alleged payments of £500 to her son on January 4 2016.

Counter-terrorism police revealed in January they had been investigating the whereabouts of the 20-year-old since March 2015 after he travelled to Syria. He is thought to now be living in Iraq under a different name.

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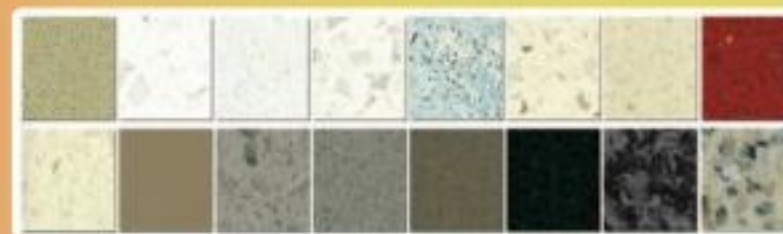
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Friends pull together to raise cash for Matt

By Alex Iszatt

A GROUP of Oxford University students held a public ergathon to raise money for one of their own who has aggressive cancer. The event, held at St Edmund Hall Boat Club, encouraged any and everybody to take part and row one million metres (1,000km) to raise money for Matt Greenwood.

A former rugby player and active rower at Oxford, Matt, 21, was vice captain of the boat club.

He was about to embark on his fourth year studying engineering at Oxford University, when he was diagnosed with terminal bone cancer in October.

Now he has been given six to 12 months to live and friends and family are raising money to help him fulfil his dream of travelling the world.

The group of rowers raised more than £12,000 pushing Matt's total to £49,341; 65 per cent of his main goal of £75,000.

Matt said: "Well what an amazing day! A thousand thank-yous (sic) to my esteemed friends and fellow rowers from SEHBC and around Oxford, for rowing a total of 1,000km in our



front quad. I only wish I could have been there to support."

Matt was skyping through the event and then uploaded his own training – the first steps on crutches – to his just giving page, hours after.

He is being treated at the Queen Elizabeth University Hospital in Birmingham, where the treatment to fight the cancer, which started in his hip but has now spread to his lungs, has not worked.

Matt recently had his right leg

amputated in a bid to improve his quality of life and is now working hard to regain some independence by learning to walk again.

The fundraising efforts will help to pay for his wheelchair, prosthetics and to cover the extra costs that come with travelling in his condition such as the need for a nurse or carer.

For more about Matt and to help his cause go to www.just-giving.com/crowdfunding/matt-greenwood.



• Rowers doing their bit for Matt Greenwood at the ergathon on Sunday; above, Matt was taking his first steps while they rowed and below, Matt in his rowing days for St Edmund Hall



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Survey finds fewer people happy with council services

By Samantha McGregor

RESIDENTS across North Oxfordshire are "less satisfied" with services run by their council than last year.

Cherwell District Council commissions an annual survey of residents asking a string of questions to gauge how happy they are with its services.

Last year, 79 per cent of residents questioned were happy with leisure services, waste, community safety, car parking, and interaction with council officers.

But this year, overall the figure was 69 per cent – 10 per cent less than in 2015.

Since last year, the council has seen a drop in satisfaction across all areas surveyed, including 14 per cent in recycling centres, 10 per cent in local parks and open spaces,

10 per cent in leisure activities, and 11 per cent in how the council deals with anti-social behaviour and nuisance. The survey took place in the summer with 1,035 people responding out of 3,500, a response rate of 31 per cent.

Last year, 437 people responded via a Citizens' Panel.

The results showed 80 per cent of people were happy with their "local area as a place to live".

The report said: "Among the factors providing greatest levels of dissatisfaction were issues around the town centres and access to jobs: 'the town centres attract people to shop' (42% dissatisfied); 'the availability of good quality jobs' (31% dissatisfied); 'the location of jobs' (26% dissatisfied) and 'the look and feel of town centres' (24% dissatisfied).

"That said however, town centre development ranked very low on

the priority areas for which the council should maintain the current level of service provision."

The results also showed 40 per cent of respondents "did not feel very or fairly well informed" about the benefits and services the council provides, and 51 per cent did not know "what it spends money on".

It also revealed 23 per cent of respondents did not believe the council provided value for money, in contrast 35 per cent agreed it was – but that was a drop of 20 per cent compared to last year.

The council said the figures this year were "far more representative" and the number of respondents increased which would enable a good "baseline" to track satisfaction performance in the future.

The report was discussed by the overview and scrutiny committee on Tuesday.

Church hosts tree festival

A VILLAGE church is set to be transformed into a Christmas wonderland as its annual tree festival gets under way.

From December 2 to 4, St Mary's Church at Adderbury, near Banbury, will be filled with Christmas trees representing local organisations and groups.

For three days only, the church in Mill Lane will be open for people to enjoy the display of about 40 trees.

The festival finale will be a Family

Victorian Carol Service at 4.30pm on Sunday, December 4.

All of the trees are sponsored by local organisations, businesses and groups and will be decorated in fun, creative and imaginative ways, with visitors having the chance to vote for their favourite tree.

Rev Stephen Fletcher, vicar of St Mary's, said: "As well as looking at the beautiful trees on display, visitors can explore the church and enjoy some seasonal refresh-

ments and musical entertainment. It's a great way to start the festive season.

"This is the third year the festival has run and we are incredibly grateful to our sponsors for their support: Gracewell and Hook Norton Brewery."

Mark Graham, marketing manager of Hook Norton Brewery said: "It is a great local event and helps raise funds for what is a wonderful church."

Visitors to the Christmas tree festival will have the chance to make a donation to the church and The Children's Society.



• Adderbury's Christmas tree festival is back for the third year



News Bites

Business advice

N OXON: Businesses with 250 staff or less can benefit from free advice clinics on Tuesday, November 29.

The clinics run by Cherwell District Council in partnership with the South East Midlands Local Enterprise Partnership's (SEM-LEP) Velocity service offers one-to-one sessions.

To book a place on one of the advice clinics, email economy@cherwell-dc.gov.uk or call 01295 221780.

Damage arrest

BANBURY: A 15-year-old boy has been arrested on suspicion of causing criminal damage in relation to 52 reported incidents.

These included car windows being smashed, tyres slashed, wing mirrors broken and cars scratched.

The teenager has been bailed until December 11.

Anyone with information should call police on 101 or the Crimestoppers line anonymously on 0800 555111.

Celebrants needed

OXON: Oxfordshire County Council's Registration Service is looking to expand its pool of ceremony celebrants.

People are needed to work on a casual basis across the county to cover busy periods, generally in the summer months.

People should be confident, well-presented, punctual, with good communication skills and neat handwriting. Full training will be given. For more information view oxfordshire.gov.uk



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'Post-truth' chosen as Oxford Dictionaries word of the year

IN a politically highly-charged global setting, Oxford Dictionaries has declared 'post-truth' as its international word of 2016.

Post-truth is defined as an adjective 'relating to or denoting circumstances in which objective facts are less influential in shaping public opinion than appeals to emotion and personal belief'.

This year's choice of word reflects a politically unstable year which has seen the UK vote to leave the European Union and the US elect Donald Trump as its president.

Oxford Dictionaries said it had "seen a spike in frequency this year in the context of the EU referendum in the United Kingdom and the presidential election in the United States".

Adulating	The practice of behaving in a way characteristic of a responsible adult, especially the carrying out of mundane but necessary tasks.
Alt-right	An ideological grouping associated with extreme conservative or reactionary viewpoints, characterized by a rejection of mainstream politics and by the use of online media to disseminate deliberately controversial content.
Brexit	A person who is in favour of the United Kingdom withdrawing from the EU.
Chatbot	A computer programme designed to simulate conversation with human users, especially over the Internet.
Coulrophobia	Rare extreme or irrational fear of clowns.
Glass cliff	Used with reference to a situation in which a woman or member of a minority group ascends to a leadership position in challenging circumstances where the risk of failure is high.
Hygge	A quality of cosiness and comfortable conviviality that engenders a feeling of contentment or well-being (regarded as a defining characteristic of Danish culture).
Latinx	A person of Latin American origin or descent, used as a gender-neutral or non-binary alternative to Latino or Latina.
Woke	US informal alert to injustice in society, especially racism.

Links could create 'UK's Silicon Valley'

By George Welch

THE Government should seize a 'once in a lifetime' opportunity to build new transport links between Oxford and Cambridge, according to a new report.

The National Infrastructure Commission has called on ministers to accelerate plans for an 'expressway' road between the university cities in addition to restoring a railway link between the two by the early 2030s.

Chancellor of the Exchequer Philip Hammond gave the go-ahead for the plans in his Autumn Statement yesterday.

The cash injection is part of a £1.3bn 'mini budget' to improve and build new roads across the country.

A 'British Silicon Valley'



• Ian Hudspeth

could be formed with Milton Keynes to help develop the UK economy, but a 'lack of sufficient and suitable housing presents a fundamental risk', it said.

The report, published on Wednesday last week, said: "Without a joined-up plan for housing, jobs and infrastructure across the corridor, it will be left behind its international competitors."

"By providing the foundations for such a strategy, new east-west transport links present a once in a generation opportunity to secure the area's future success."

As part of the recommendations, the study suggests the Government should commit £27m to the end of 2018/19 to fund the next phase of development work on the Oxford-Cambridge Expressway study, allowing the detailed design process to begin as soon as possible.

It added a further £100m should be committed to delivering the Western Section of the East West Rail project before 2024.

And the proposals have been welcomed by one of Oxfordshire's science centres.

Harwell Campus

managing director Angus Horner said: "The proposed rail line will help this 130-mile stretch of England improve its status as a hotbed of research and innovation, creating a Silicon Valley of the UK."

"The line connects established centres of academia and learning as well as improving connectivity for manufacturing and R&D activity in the Golden Triangle."

"Harwell Campus welcomes this development, and we see it as a vital investment in infrastructure in a region of considerable strategic importance to the UK economy."

Cllr Ian Hudspeth, leader of Oxfordshire County Council which co-founded England's Economic Heartland Strategic Alliance said he welcomed the report that recognises the 'vast economic potential of the corridor connecting Cambridge, Milton Keynes and Oxford, comparable to Silicon Valley'.

He added: "We (OCC) have long argued that East West Rail and the Oxford-Cambridge Expressway can be a catalyst to bring the region together to deliver the housing that is required in the region as well as the connectivity it will need to compete with the best in the world."

News Bites

Aspire donations

OXON: An Oxford-based charity is urging people to donate to help make Christmas brighter for homeless people.

Aspire say £10 could provide a care pack for a homeless person and £15 could give a local homeless person a hot Christmas dinner, while £240 could entirely fund one trainee to go through Aspire's work programmes.

Last year, together with Oxford Homeless Pathways, Aspire raised £18,000.

To donate or find out more, visit: <http://tinyurl.com/hfjjqqy>

Quartet at RAH

OXON: A young jazz quartet performed at a packed-out Royal Albert Hall for the Youth Proms last week.

TopSop, a dynamic combo from Oxford, performed in front of thousands at the concert hall as part of the Youth Proms of the National Festival of Music for Youth, which ran from Monday to Wednesday last week.

The ensemble, featuring Zoe Reed-Sanderson on piano, drummer James Graham, bassist Reuben Reed-Sanderson and soprano saxophonist Will Paget, are all former members of the Oxfordshire Youth Big Band run by the Oxfordshire County Music Service.



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News Bites

Santas on the run

OXFORD: The pitter-patter of thousands of Santas running will be heard next month.

Helen & Douglas House is looking for Santas to take part in the popular pre-festive event for the whole family.

The 3.5km fun run on December 11 starts in Broad Street and goes through University Parks.

Tickets £18 for adults, accompanied children under 12 are £12, and under 5s are free.

Tickets are available at www.helenanddouglas.org.uk.

Spring clean

OXON: A group dedicated to keeping Oxford clean and tidy is to launch a national campaign next month.

OxClean will launch 'The Great British Spring Clean' on December 10 at the Kassam Stadium during Oxford United's game against Oldham Athletic.

In March, the annual OxClean Spring Clean involved more than 1,000 volunteers litter picking 70 tons of rubbish that had been dropped across almost every corner of Oxford.

The national spring clean will take place in March 2017.

Have your say online



Under-threat children's centres granted funds

By George Welch

SIX successful children's services have been awarded funding after the first round of successful bidders for 'transition' funds were revealed last week.

The £163,000 awarded so far comes as Oxfordshire County Council is proposing to shut the county's 44 children's centres and seven early intervention hubs to replace them with eight larger 'children and family centres'.

The 44 centres, which are due to continue running until March next year and are hoping to run independently, are competing for a share of a £1 million funding pot from the council aimed at establishing themselves as self-funding services.

So far, outcomes have been recommended for 17 of the applications and a cross-party group of councillors has recommended six proposals to receive funding totalling £163,000.

A further eight bids were supported in principle by the group, and are recommended for deferral to the second round of bids so further work to be carried out on the business models.

Just three bids were consid-

ered not to meet the funding criteria and are recommended for refusal.

One of those to fall in the second category - Wheatley Parish Council - say they have 'thrown down the gauntlet' in their fight to save the Maple Tree Children's Centre in east Oxford.

Parish councillors unanimously voted to pledge a minimum of £10,000 next year to help prevent the closure of the Maple Tree Children's Centre in Wheatley at a meeting on November 7.

This comes after the county council rejected the Wheatley children's centre application for transitional funding but stated it was "expected to qualify" in the next round, after changes to its business plan.

Charlie Payne, from Friends of the Maple Tree, said: "Wheatley parish council's pledge is a lifeline."

"They have thrown down the gauntlet to other councils to support this vital asset."

Friends of the Maple Tree are seeking to raise £40k annually from grants, councils and local business - the Wheatley Parish Council pledge represents only a quarter of the money required.

Applications recommended for funding:

Butterfly Meadows (Bloxxham)
Carterton Town Council
Botley Bridges (Oxford)
Grandpont Nursery (Oxford)
St Nicholas Primary School (Marston)
Sharing Life Trust (Thame)

Applications supported in principle but recommended to be deferred for further work:

Barton Community Association
Employment Action Group (Berinsfield)
Chalgrove Primary School
Cutteslowe Primary School
The Nature Effect (Florence Park)
Magpies Pre-School (Kidlington)
Friends of Maple Tree Children's Centre & Wheatley Nursery School
Oxfordshire Play Association (Abingdon)

Applications recommended for refusal:

Donnington Doorstep (Oxford)
The Happy Hub (Cholsey)
Lord Williams School (Thame)

* Campaigners against children's centre closures make their feelings known at a protest march



Surgeons in bid to help clubfoot

A TEAM of Oxford surgeons are trying to raise £100k to train healthcare providers in Africa to help treat children with clubfoot in under resourced locations.



* Helping children with clubfoot

The campaign is being lead by Oxford University professor Chris Lavy, who has worked with children with clubfoot - a deformed foot which is twisted so the sole cannot be placed flat on the ground - for the last 20 years.

The professor is leading the Africa Clubfoot Training Project strengthening training and delivery capacity for clubfoot treatment in 18 countries in sub-Saharan Africa, helping children have access to much needed clubfoot treatment.

Researchers, surgeons, and physiotherapists from the university and the Nuffield Orthopaedic Centre have developed two courses for healthcare professionals - one to train providers to deliver treatment to children with clubfoot, and one to train new instructors.

Visit www.oxreach.hubbub.net/p/clubfoot/ to find out more.

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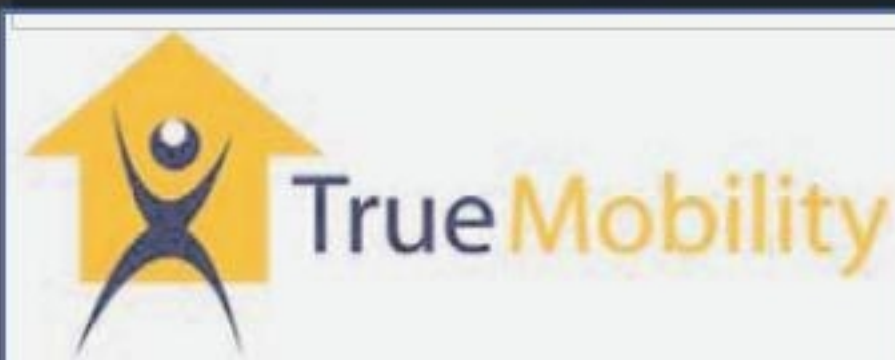
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Support urged for cancer campaign

By Samantha McGregor

FOR many men the side effects of prostate cancer can be as difficult as the disease itself.

Problems such as incontinence and erectile dysfunction are common but without support it can lead to depression, a charity has warned.

Figures obtained through a Freedom of Information request by Prostate Cancer UK revealed thousands of prostate cancer survivors in the South East who had side effects were "abandoned without adequate support".

The charity said NHS Oxfordshire's service was inadequate and called for people to get behind a campaign.

Paul Kallay, 67, of Bicester, is one of the lucky ones as the former US Air Force member was treated by the American military in 2007.

Originally from Kentucky, Mr Kallay volunteers with Prostate Cancer UK, using his story to help other men.

He said: "Before my diagnosis I didn't really have any symptoms, apart from getting up a few times

in the middle of the night to go to the toilet, but I put that down to age.

"When I got my diagnosis, my wife and I discussed it and we decided we just wanted to get rid of the cancer so I opted for surgery which didn't use quite as advanced techniques compared to what's available now."

After the operation he suffered both incontinence and erectile dysfunction, but thanks to the medical support uses a vacuum pump.

He said: "Mentally, I've felt fine. In my mind, you get something fixed and you move on."

"But I had a great doctor and received really good treatment, so I never felt that worried."

"I've found that when you meet other people who have the same problem as you, it's easier to relate to and talk openly about. My advice to other men going through tough times is to be positive and focus on the good things in life."

John Robertson, specialist nurse at Prostate Cancer UK, said: "Not only can it put a complete stop to a man's sex life, it can have devastating longer-term implications including depression and relation-



• Prostate cancer survivor Paul Kallay urged people to get behind the campaign for better support

ship breakdowns.

"This is an issue that has been swept under the carpet for too long and thousands of men have been left to suffer in silence."

For more information view bettercare.prostatecanceruk.org

Consultation launched on homes



• Labour leader Sean Woodcock

PROPOSALS to build a further 4,400 homes across Cherwell as part of Oxford City's allocation have gone out to consultation.

Last week, Cherwell District Council published the 'Partial Review of Local Plan Part 1 Options Paper', a public consultation which runs until January 9.

The document paves the way for modifications to the adopted Cherwell Local Plan, which shapes where development takes place in the district.

The partial review will determine how and where Cherwell will provide the extra homes.

Colin Clarke, Cherwell's lead member for planning, said: "The Oxfordshire Growth Board has allocated 4,400 additional homes to Cherwell, but it is up to the district to decide where they will be built. As yet, nothing is set

in stone, and this consultation is a vital part of the decision-making process."

In 2014, the Oxfordshire Strategic Housing Market Assessment found Oxford City would be unable to meet Government housing targets because of boundary constraints and a lack of development sites.

Since then, Cherwell and other local authorities have been working to establish how to provide for Oxford's unmet housing need.

Labour group leader Sean Woodcock said the country was in the middle of an "unprecedented housing crisis" which was "exacerbated" locally as Oxford City is constrained by a Green Belt.

He said: "If this problem is ever going to get better, Government and councils need to take the lead themselves by building rather than relying on developers to do the right thing."

View Cherwell.gov.uk/planning-policyconsultation.

News Bites

Driver cut free after collision with lorry

BICESTER: A driver was left trapped in a vehicle after a van collided with a lorry in an accident.

The incident happened on Thursday last week on the Stratton Audley to Marsh Gibbon road.

Fire crew used hydraulic cutting equipment to free the van driver, before he was taken to John Radcliffe Hospital in Oxford for treatment.



Burglary appeal

BICESTER: Police are appealing for information after five Bicester homes were burgled in less than a week.

The burglaries took place in Kingsclere Road on November 9, between 5pm and 7.10pm, Kennedy Road between November 12 and 16, in Taylor Close between November 15 and 17, Spruce Drive and Shannon Road, both on November 16.

Call police via 101 or Crimestoppers on 0800 555111.

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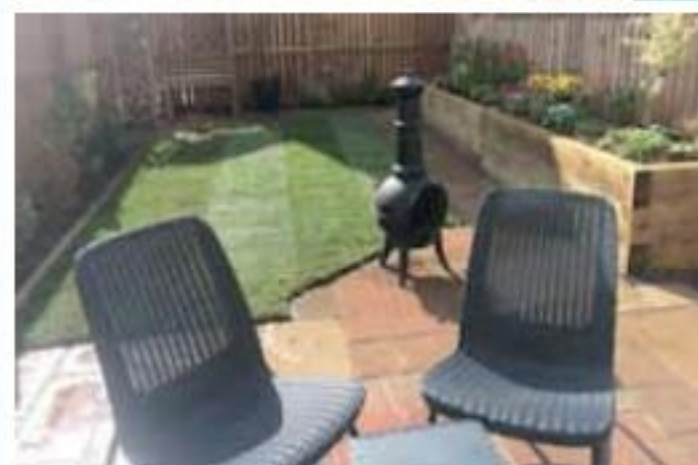
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Win tickets!

We have teamed up with Cirque du Soleil to offer our readers the chance to win a pair of tickets to see



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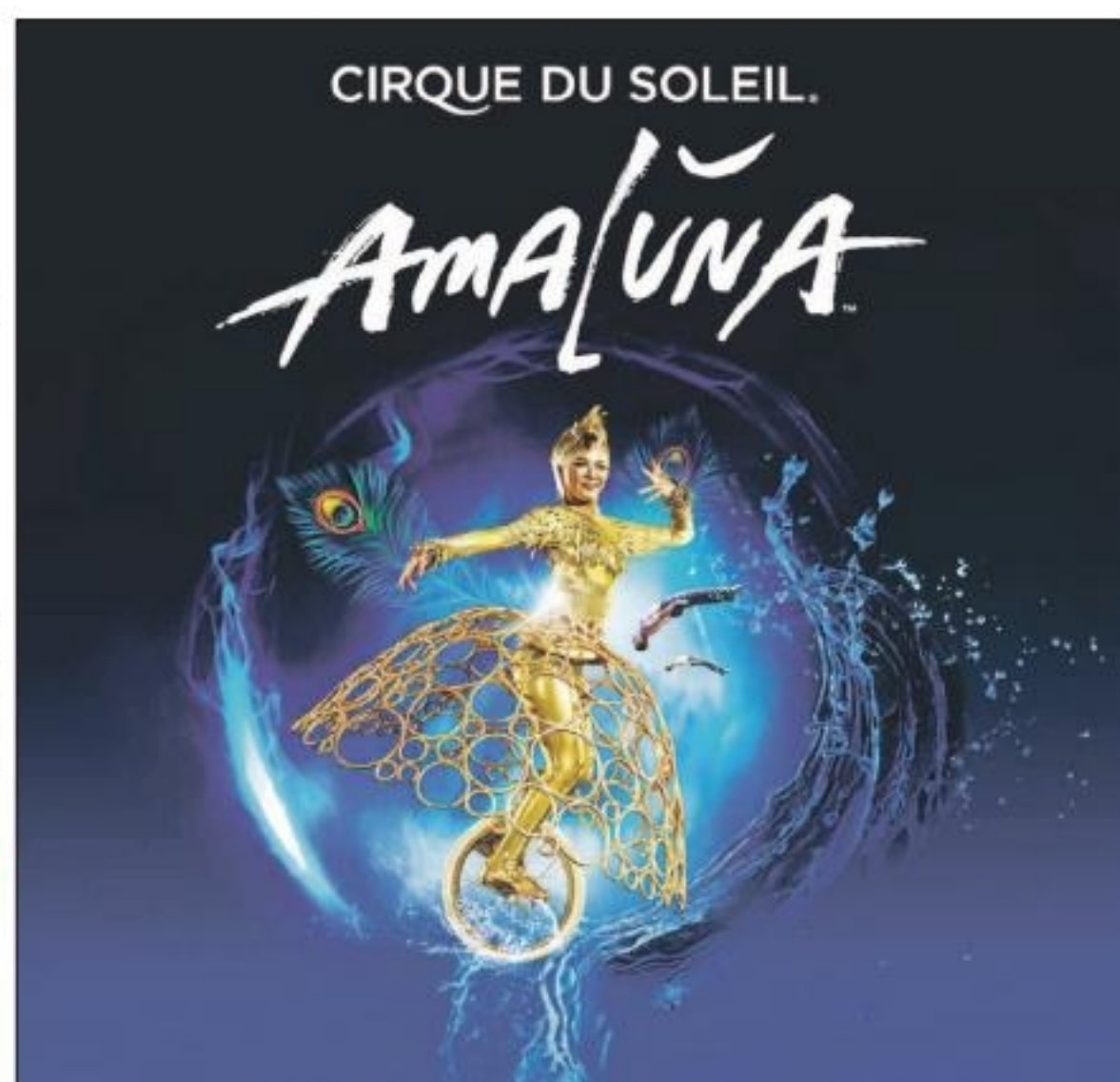
Q: Which city is Cirque du Soleil's headquarters based in?

London, Montreal, New York or Paris?

Prize tickets are Price Level 2-4 and are only valid for the premiere night on 12th January 2017, strictly subject to availability. Tickets are non-transferable. No cash alternative is available. Travel is not included.

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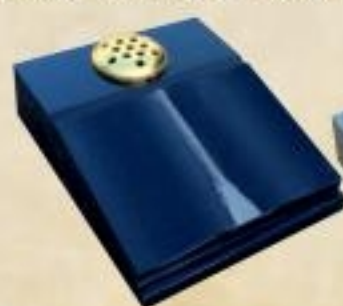
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Two speed crossword

Quick Clues Across

- 4 Allow (6)
- 8 Transporter (7)
- 9 List of things to be done (6)
- 10 Afflict (9)
- 11 Halt (4)
- 13 Spirited horse (5)
- 14 Long loose overcoats (7)
- 16 Discourse (7)
- 18 Live piece of coal (5)
- 19 Crude metals (4)
- 21 Office of foreign power (9)
- 22 Crown (6)
- 23 Brown coal (7)
- 24 Settle comfortably (6)

Quick Clues Down

- 1 Geographical dictionary (9)
- 2 Expectations (9)
- 3 Blood-sucker (5)
- 5 Brink (4)
- 6 Small space of time (6)
- 7 Vagrants (6)
- 9 Coral island (5)
- 11 Pep pill (9)
- 12 Determine one's position (9)
- 15 Besom (5)
- 16 Capital city (6)
- 17 Conifers (6)
- 20 On the move (5)
- 21 Monk's room (4)

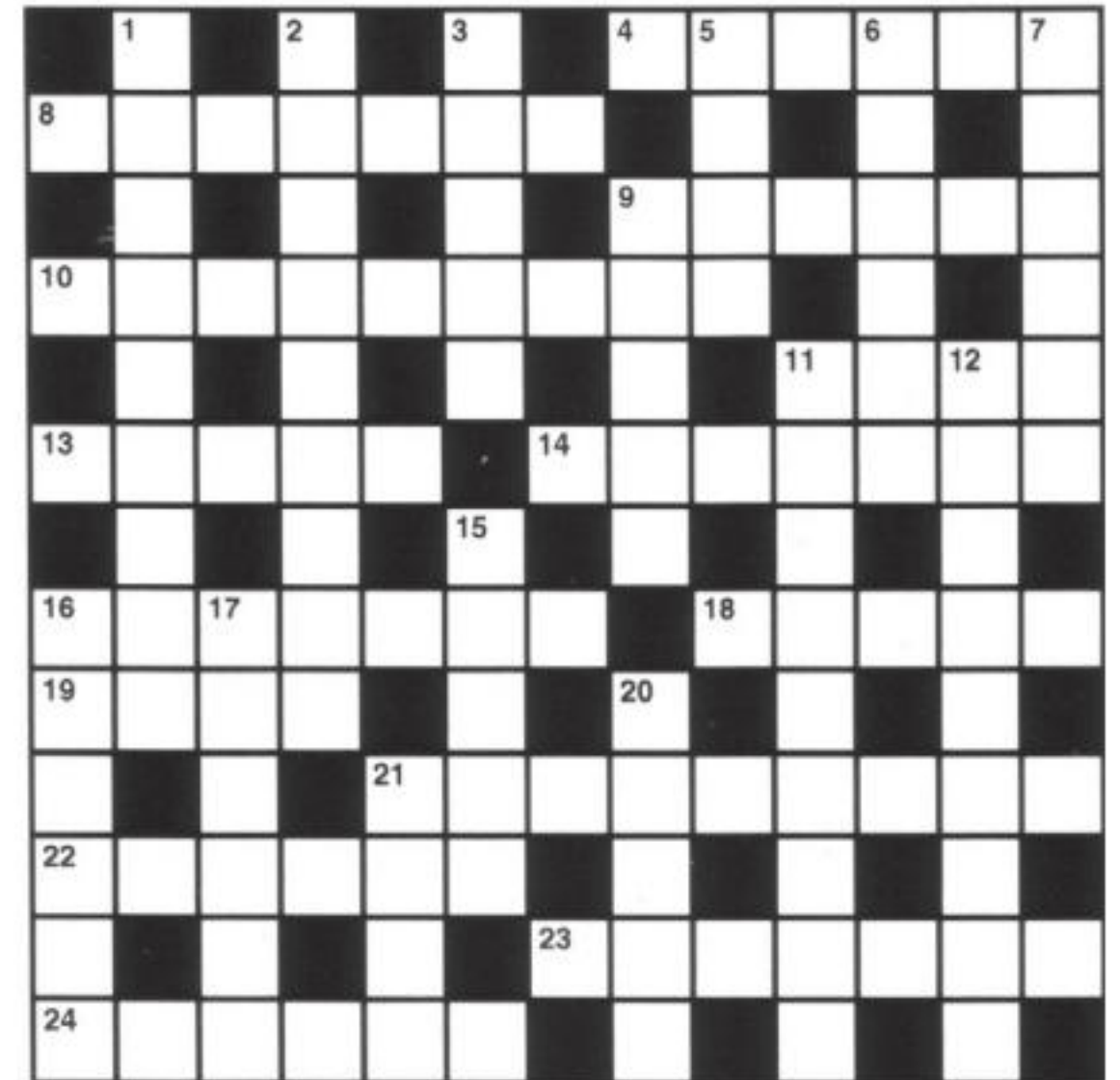
Scribble space

Cryptic Clues Across

- 4 Separate after the beginning of French leave? (6)
- 8 Ostentatious to mop up spilt soup (7)
- 9 Let man change in the mind (6)
- 10 Dramatic desire for city transport (6-3)
- 11 Was once a vegetable, it's said (4)
- 13 The old Englishman could be right (5)
- 14 Their work is certainly a grind (7)
- 16 Eaten up as ten different titbits (7)
- 18 A Spanish hero's likely to be sharp (5)
- 19 Produce a change of diet (4)
- 21 She'll put her money on an old sailor (9)
- 22 To be fastidious, put out the tin during the day (6)
- 23 Do they haunt the bar?
- 24 Encouraging lays? (6)

Cryptic Clues Down

- 1 Foreshadowed an empty decanter? (9)
- 2 Pale plant has appeal (9)
- 3 Appropriate wear at the card table (5)
- 5 First lady has the right - always (4)
- 6 Former Prime Minister emerged from the battle, entirely unruffled (6)
- 7 Gnarled fingers lock among the shades (6)
- 9 Crazy to put the chap in charge (5)
- 11 The songster has the right to put in a dirty bid (9)
- 12 CID are up at the end to wipe out (9)
- 15 Likely to scratch? (5)
- 16 Tout one's wares - on foot? (6)
- 17 First class fish not in prime condition (6)
- 20 Overflow the eastern incline (5)
- 21 Shock could be the finish of 16 across (4)



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Puzzles



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EASY/MEDIUM/HARD

4					8	2		5
	3		2	1		4		
	7	6	3					9
				9	6	1	5	4
		8				7		
9	1	4	5	3				
3					5	9	6	
		7		6	2		8	
1		9	7					2

6	4							7
				6	5		8	
9	1				7			3
	2				4			
	9	7				2	1	
			7				3	
2			4				6	1
	5		6	7				
7							5	2

			2		8			1
4		5				7		
	1	3						
	6			9				
7			3		1			8
				6			9	
						5	6	
		8				3		4
1			9		5			

This week's solutions

1	3	6	9	4	5	8	7	2
9	5	8	7	2	6	3	1	4
2	4	7	1	8	3	5	6	9
3	8	1	4	6	7	2	9	5
7	9	2	3	5	1	6	4	8
5	6	4	8	9	2	1	3	7
8	1	3	5	7	4	9	2	6
4	2	5	6	1	9	7	8	3
6	7	9	2	3	8	4	5	1

7	6	4	4	3	9	1	8	5	2
8	5	1	6	7	2	3	4	9	
2	3	9	4	5	8	7	6	1	
1	8	6	7	2	9	4	3	5	
4	9	7	5	3	6	2	1	8	
5	2	3	1	8	4	9	7	6	
9	1	5	8	4	7	6	2	3	
3	7	2	9	6	5	1	8	4	
6	4	8	2	1	3	5	9	7	

1	6	9	7	8	3	5	4	2
5	4	7	9	6	2	3	8	1
3	8	2	1	4	5	9	6	7
9	1	4	5	3	7	6	2	8
6	5	8	4	2	1	7	9	3
7	2	3	8	9	6	1	5	4
2	7	6	3	5	4	8	1	9
8	3	5	2	1	9	4	7	6
4	9	1	6	7	8	2	3	5

Quick Crossword
Across: 4 Permit 8 Carrier 9 Agenda 10 Persecute 11 Stop
13 Stead 14 Usters 16 Lecture 18 Ember 19 Ones 21 Consulate
22 Diadem 23 Lynette 24 Nestle
Down: 1 Gazetteer 2 Prospects 3 Leech 5 Edge 6 Minute
7 Tramps 9 Aitoll 11 Stimulant 12 Orientate 15 Broom 16 London
17 Cedars 20 Astir 21 Cell
Cryptic Crossword
Across: 4 Depart 8 Pompos 9 Mental 10 Street-car 11 Been 13
Angle 14 Millers 16 Peanuts 18 Acids 19 Edit 21 Shellback
Down: 1 Fortended 2 Appellant 3 Suits 5 Ever 6 Attlee 7 Talons
22 Dainty 23 Spirits 24 Eggng
9 Maniac 11 Blackbird 12 Eradicate 15 Itchy 16 Peddle 17 Ailing
20 Slope 21 Stun

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Discover the new face of Volvo's V40 at Johnsons of Oxford



Now available at Oxford-based dealership Johnsons, Volvo's bestselling V40 and V40 Cross Country models receive a series of stylish updates, making the Swedish manufacturer's popular hatchback even more appealing.

With trim updates across the range, central to the latest exterior updates are the new LED 'Thor's Hammer' headlights, resulting in a confident new look shared with Volvo's new XC90, S90 and V90. In the UK, these all-LED lights mark the V40 and V40 Cross Country out as the first models in the segment to get LED headlights as standard across the range. Also new are grille meshes featuring the updated and more visually striking Volvo Iron Mark so customers are sure to be noticed out on the roads.

The exterior update includes the addition of eight new wheels across the V40 and V40 Cross Country models, and five new colours to the V40 range, including the completely new Amazon Blue and Denim Blue, as well as three colours already used by other models in the Volvo Car UK portfolio: Bursting Blue, Mussel Blue and Luminous Sand.

In a cue taken from the award-winning Volvo Concept Estate, a new upholstery called City Weave will be added. Several new interior panel trims will also be offered: Milled Aluminium, Black Grid

Johnsons of Oxford's dealer principal, Matthew Lowe, comments: *"The V40 is one of the bestselling Volvo models in the UK and is hugely popular with customers at our dealership, making it a vital car for our business. With the updated version now available, Volvo has made this already very successful model even more attractive to customers, and its new appearance is already attracting a lot of attention out on the forecourt."*

Aluminium and Stealth Aluminium. New tread plates will be added for the R-Design and Inscription trim levels, and an updated key fob with the new Volvo logo will be available.

Continuing its innovative approach to powertrain engineering, Volvo has reduced CO2 emissions on its popular D2 manual engine to just 89 g/km in all trim level and wheel options.

The V40's trim structure has also been changed in line with that of the new XC90. Customers can now choose from Momentum and Inscription versions, along with the sports-inspired R-Design and the rugged Cross Country.



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Saturday November 26th

	BBC1	BBC2	ITV	Channel 4	Channel 5
	Casualty, 9.10pm 	Sold! Inside the World's Biggest Auction House, 8.30pm 	Meet the Parents, 7pm 	Britain at Low Tide, 8pm 	NCIS: New Orleans, 8pm 
DAYTIME	6.00 Breakfast (S) 10.00 Saturday Kitchen Live (S) 11.30 James Martin: Home Comforts (S)(R) 12.00 Football Focus (S) 1.00 BBC News; Weather (S) 1.15 Live Snooker: UK Championship (S) 2.00 Live International Rugby Union (S) 4.30 Final Score (S) 5.20 Celebrity Mastermind (S)(R) 5.50 BBC News (S) 6.00 BBC Regional News; Weather (S) 6.10 Pointless Celebrities A family-themed edition of the quiz. (S)(R)	6.00 FILM The Las Vegas Story (1952) (PG) (S) 7.25 FILM Underwater! (1955) (U) (S) 9.00 Natural World (S)(R) 10.00 Secret Britain (S)(R) 11.00 Homes Under the Hammer (S)(R) 12.00 The Good Cook (S)(R) 12.30 The Best Dishes Ever (S) (R) 1.00 Hairy Bikers' Best of British (S)(R) 2.00 Live Snooker: UK Championship (S) 5.00 Live International Rugby Union (S)	6.00 CITV 7.25 Scrambled! 9.25 ITV News (S) 9.30 Murder, She Wrote (S)(R) 11.20 Wild Australia with Ray Mears (S)(R) 11.50 Cash Trapped (S)(R) 12.50 ITV News; Weather (S) 1.00 This Time Next Year (S)(R) 2.00 50 Greatest Harry Potter Moments (S)(R) 4.00 Thunderbirds Are Go (S) 4.30 Fantastic Beasts And JK Rowling's Wizarding World (S) 5.30 ITV Regional News; Weather (S) 5.45 ITV News (S) 6.00 Tipping Point: Lucky Stars (S)	6.40 Sandman Triathlon (S) 7.05 The Grid (S) 7.30 Frasier (S)(R) 8.25 Murray Walker Meets Jensen Button (S)(R) 9.00 The Morning Line (S) 9.55 Formula 1 Abu Dhabi Grand Prix Practice 3 Live (S) 11.25 Lee McKenzie Meets Mark Webber (S) 11.55 Formula 1 Abu Dhabi Grand Prix Qualifying Live (S) 2.30 Channel 4 Racing (S) 4.10 Jamie's Super Food (S)(R) 4.40 Location, Location, Location (S)(R) 5.40 A Place in the Sun: Winter Sun (S) 6.35 Channel 4 News (S)	6.00 Milkshake! 10.05 Teenage Mutant Ninja Turtles (S)(R) 10.40 Funniest Fails, Falls & Flops (S) 11.05 House Doctor (S)(R) 12.10 FILM A Puppy for Christmas (2016) (PG) (S) 1.55 FILM Wishin' and Hopin' at Christmas (2014) (PG) (S) 3.35 FILM Guess Who's Coming to Christmas (2013) (PG) Premiere. Comedy, with Drew Lachey. (S) 5.25 FILM Finding Mrs Claus (2012) (PG) (S)
7	7.00 Strictly Come Dancing The judges ask the remaining six couples to perform their individual routines, and take part in the Cha Cha Challenge. (S)	7.30 International Rugby Union England v Argentina. Andrew Cotter presents highlights from Twickenham. (S)	7.00 Meet the Parents Dating show, hosted by Holly Willoughby, which puts the love lives of singletons in the hands of their mum and dad. (S)	7.00 China: Between Clouds and Dreams A novice monk travels to the world's largest Tibetan monastery. (S)	7.10 NCIS A partially dissolved body is found in a bath of acid. (S)(R)
8	8.10 Michael McIntyre's Big Show The comedian is joined at London's Theatre Royal by Russell Howard, and pop-rock quintet OneRepublic. (S)	8.30 Sold! Inside the World's Biggest Auction House Conclusion of the behind-the-scenes documentary. (S)	8.00 The X Factor The talent contest's finale is only two weeks away and the remaining contestants once again face judgment. (S)	8.00 Britain at Low Tide Tori Herridge and Alex Langlands investigate Lancashire's coastal archaeology. (S)	8.00 NCIS: New Orleans A master diver's death is linked to a possible attack on the US by a foreign aggressor. (S)
9	9.10 Casualty Jacob, Charlie and Duffy decide to challenge the team. (S)	9.30 The Brits Who Designed the Modern World Arts reporter Brenda Emmanus profiles 10 of the most celebrated living British designers. (S)	9.50 I'm a Celebrity Get Me Out of Here! Ant and Dec present the celebrity challenge, as the famous faces continue their ordeal in the Australian jungle. (S)	9.00 FILM Fast & Furious 6 (2013) (12) A gang of fugitives reunites to take down a criminal syndicate. Action thriller sequel, with Vin Diesel and Dwayne Johnson. (S)	8.55 5 News Weekend (S)
10	10.00 The National Lottery Live (S) 10.10 BBC News; Weather (S) 10.30 Match of the Day Gary Lineker presents highlights of the latest Premier League matches; (S) National Lottery Update (S)	10.30 Jazzie B's 1980s: From Dole To Soul The Soul II Soul frontman opens up about the decade that made his career. (S)	10.50 ITV News; Weather (S)		9.00 Football on 5: The Championship George Riley and Lynsey Hipgrave introduce highlights from the weekend's games in the Championship. (S)
11	11.50 The NFL Show Mark Chapman looks at the major stories shaping the NFL. (S)	11.30 Snooker: UK Championship Action from the second round at the Barbican Centre in York. (S)	11.10 FILM Carry On Henry (1971) (PG) Henry VIII needs an excuse to rid himself of his new French wife. Comedy, starring Sid James and Joan Sims. (S)	11.40 FILM Speed (1994) (15) Action thriller, starring Keanu Reeves, Sandra Bullock, Dennis Hopper and Jeff Daniels. (S)	10.00 Football on 5: Goal Rush Goals from the weekend's games in the Leagues One and Two. (S) 10.25 The Freddie Mercury Story: Who Wants to Live Forever? Documentary exploring two of the most important years in the Queen singer's life, from his performance at the Live Aid concert in 1985 to his diagnosis with Aids in 1987. (S)(R)
AFTER 12	12.20 FILM Shifty (2008) (15) Drama, starring Riz Ahmed. (S) 1.45 Weather for the Week Ahead (S) 1.50 BBC News (S)	12.20 Snooker: UK Championship Extra (S) 2.20 FILM Love (2011) (12) Sci-fi drama, starring Gunner Wright. (S) 3.40 This Is BBC Two (S)	12.50 Jackpot247 3.00 Murder, She Wrote (S)(R) 3.50 ITV Nightscreen	1.45 Hollyoaks (S)(R) 3.50 George Clarke's Amazing Spaces (S)(R) 4.45 Kirstie's Fill Your House for Free (S)(R) 4.50 The Common Denominator (S)(R) 5.20 Deal or No Deal (S)(R)	12.15 SuperCasino 3.10 Chris Tarrant: Extreme Railway Journeys (S) (R) 4.00 Ben Fogle: New Lives in the Wild (S)(R) 4.50 House Doctor (S)(R) 5.15 House Doctor (S)(R) 5.40 Angels of Jarm (S)(R) 5.50 Roary the Racing Car (S)(R)

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ITV2 SKY: 118 FV: 6

6.00 Emmerdale 8.30 Coronation Street 11.20 I'm a Celebrity Get Me Out of Here! 12.50 **FILM**: Step Up 3 (2010) (12) Dance drama sequel, starring Rick Malambri. 1.50 FYI Daily 1.55 **FILM**: Step Up 3 (2010) (12) Concluded. 3.00 **FILM**: The Waterboy (1998) (12) Sporting comedy, starring Adam Sandler. 4.00 FYI Daily 4.05 **FILM**: The Waterboy (1998) (12) Concluded. 4.55 I'm a Celebrity Get Me Out of Here! 6.25 **FILM**: The Mummy (1999) (12) Fantasy action adventure, starring Brendan Fraser. 7.25 FYI Daily 7.30 **FILM**: The Mummy (1999) (12) Concluded. 8.45 Scorpion 9.50 The Xtra Factor Live 10.20 Family Guy 10.50 I'm a Celebrity: Extra Camp 11.50 Family Guy 12.50 American Dad! 1.50 Bordertown 2.20 Totally Bonkers Guinness World Records 2.45 Teleshopping 5.45 ITV2 Nightscreen

ITV3 SKY: 119 FV: 10

6.00 Judge Judy 6.20 Where the Heart Is 8.10 **FILM**: Forever Young (1992) (PG) Romantic sci-fi drama, with Mel Gibson and Jamie Lee Curtis. 9.10 FYI Daily 9.15 **FILM**: Forever Young (1992) (PG) Concluded. 10.15 **FILM**: Columbo: Playback (1975) (PG) Crime drama, with Peter Falk. 11.50 Agatha Christie's Marple 1.50 Midsomer Murders 8.00 Doc Martin 9.00 Endeavour 11.00 Midsomer Murders 1.05 Wycliffe 2.05 ITV3 Nightscreen 2.30 Teleshopping

BBC4 SKY: 116 FV: 9

7.00 India's Frontier Railways 8.00 Britain's Lost Waterlands: Escape to Swallows and Amazons Country 9.00 Modus 10.30 Horizon: Asteroids - The Good, the Bad and the Ugly 11.30 Classic Soul at the BBC 12.30 Northern Soul: Living for the Weekend 1.30 Top of the Pops: 1982 2.45 Classic Soul at the BBC 3.45 Close

E4 SKY: 136 FV: 28

6.00 Baby Daddy 6.55 How I Met Your Mother 7.55 Made in Chelsea 9.00 Couples Come Dine with Me 10.00 Melissa & Joey 11.00 Black-ish 12.00 How I Met Your Mother 1.00 The Goldbergs 3.00 **FILM**: The Princess Diaries 2: Royal Engagement (2004) (U) Family comedy sequel, starring Anne Hathaway. 5.15 Rude(ish) Tube Shorts 5.30 The Big Bang Theory 7.00 **FILM**: Avatar (2009) (12) Sci-fi adventure, starring Sam Worthington. 10.30 Gogglebox 11.35 Rude Tube 12.35 Tattoo Fixers 1.40 Tattoo Fixers on Holiday 2.45 The Inbetweeners 3.35 Rude Tube 4.25 Revenge 5.10 New Girl

MORE4 SKY: 138 FV: 14

8.55 Kirstie's Handmade Treasures 9.15 Food Unwrapped 9.40 Tony Robinson: Down Under 10.35 Come Dine with Me 1.15 Channel 4 Racing. Live coverage from Newbury and Newcastle. 2.30 Food Unwrapped 2.40 Grand Designs 4.10 Come Dine with Me 6.55 Car SOS 9.00 The World's Weirdest Weather 10.00 8 Out of 10 Cats 10.50 Father Ted 12.00 The Naked Village 1.00 Deutschland 83 2.05 The World's Weirdest Weather 3.10 8 Out of 10 Cats Uncut 3.55 Close

FILM4 SKY: 315 FV: 15

11.00 Destination Gobi (1953) (U) Second World War adventure, starring Richard Widmark. 1.00 Big Miracle (2012) (PG) Fact-based drama, starring Drew Barrymore. 3.20 It's a Wonderful Life (1946) (U) Fantasy drama, starring James Stewart. 6.10 The Core (2003) (12) Sci-fi thriller, starring Aaron Eckhart. 9.00 Transcendence (2014) (12) Sci-fi drama, starring Johnny Depp. 11.20 The Babadook (2014) (15) Horror, starring Essie Davis. 1.10 Carlos - Part One 3.30 Close

DAVE SKY: 111 FV: 12

7.00 Trawlermen 8.00 Top Gear 9.00 American Pickers 10.00 Steve Austin's Broken Skull Challenge 12.00 Top Gear 1.00 Ice Road Truckers 3.00 Trawlermen 4.00 Storage Hunters UK 5.00 Storage Hunters 7.00 Room 101 8.20 Would I Lie to You? 9.00 Have I Got a Bit More News for You 10.00 Dave Gorman: Modern Life Is Goodish 11.00 QI XL 12.00 Alan Davies: As Yet Untitled 1.00 Room 101 2.20 Have I Got a Bit More News for You 3.05 Idris Elba - King of Speed 4.00 Close

DRAMA SKY: 158 FV: 20

7.10 Pie in the Sky 11.00 Sharpe 1.00 Campion 3.00 Pie in the Sky 6.00 The 39 Steps 8.00 Murdoch Mysteries 9.00 Rebus 10.30 Waking the Dead 12.55 Pie in the Sky 1.55 The Great Train Robbery 3.35 Garden Hopping 4.00 Close

SKY1 SKY: 106

6.00 Are You Smarter Than a 10 Year Old? 7.00 Ashley Banjo's Secret Street Crew 8.00 Game Changers 8.30 Premier League World 9.00 The Fantasy Football Club 10.00 Soccer AM 11.30 The F1 Show 12.00 Futurama 1.30 Modern Family 4.00 Harry Hill's Tea-Time 4.30 Yonderland 5.00 Supergirl 6.00 The Flash 7.00 The Simpsons 8.00 Landscape Artist of the Year 2016 9.00

A League of Their Own 10.00 An Idiot Abroad 2 11.00 Harry Hill's Tea-Time 11.30 A League of Their Own 12.00 Hawaii Five-0 1.00 Arrow 2.00 Stan Lee's Lucky Man 3.00 Nothing to Declare 4.00 Border Security: Canada's Front Line 5.00 Road Wars

SKY ATLANTIC SKY: 108

6.00 The Guest Wing 7.00 Richard E Grant's Hotel Secrets 8.00 Without a Trace 12.00 Cold Case 4.00 Blue Bloods 9.00 Game of Thrones 11.00 **FILM**: Kill Bill: Vol 2 (2004) (18) Revenge thriller sequel, starring Uma Thurman. 1.40 Ray Donovan 2.50 Entourage 4.00 The Guest Wing 5.00 Richard E Grant's Hotel Secrets

W SKY: 109

6.10 Traffic Cops 6.35 DIY SOS: The Big Build 7.30 Traffic Cops 8.25 The Bill 1.30 EastEnders 4.00 Extreme Makeover: Home Edition 5.00 Supremacy 7.00 My Family 9.00 Jonathan Creek 10.20 Luther 11.40 Secrets and Lies 12.40 Code Black 1.40 Traffic Cops 2.10 Iceland Foods: Life in the Freezer Cabinet 3.00 Home Shopping





CHRISTMAS GOLD SKY: 110

7.10 Bewitched 7.35 Lovejoy 9.50 My Family Christmas Special 10.55 Only Fools and Horses 5.00 TOTP: Christmas 2012. Mark Radcliffe presents a selection of seasonal tunes on this festive edition, including treats from Slade, Wizzard, Shakin' Stevens, Wham!, Paul McCartney and Jona Lewie. 7.00 The Vicar of Dibley 8.15 Porridge 9.15 The Office 10.25 The Royle Family Special 11.40 Gimme Gimme Gimme 12.30 Knowing Me, Knowing You - With Alan Partridge 1.50 Extras 3.00 Bewitched 4.00 Close

SKY SPORTS 1 SKY: 401

6.00 Football Gold 7.00 Sporting Triumphs 8.00 Game Changers 8.30 Premier League Preview 9.00 The Fantasy Football Club 10.00 Soccer AM 11.30 Premier League Preview 12.00 Live SPFL Football. Partick Thistle v Rangers (kick-off 12.15pm). 2.30 Gillette Soccer Saturday 5.15 Live EFL. Rotherham United v Leeds United (Kick-off 5.30pm). Coverage of the Championship match at the New York Stadium, where the Yorkshire rivals meet for the first time this season. 8.00 EFL Goals. A round-up of recent matches. 8.30 Nissan Game of the Day 10.30 Nissan Match Choice 11.30 Premier League Highlights 1.30 EFL Goals 2.00 Premier League Highlights

Sunday November 27th

	BBC1	BBC2	ITV	Channel 4	Channel 5
	Planet Earth II, 8pm 	Live Snooker: UK Championship, 1pm 	The Next Great Magician, 7pm 	Jon Richardson: Nidiot, 11.05pm 	Ice Road Truckers, xpm 
DAYTIME	6.00 Breakfast (S) 7.35 Match of the Day (S)(R) 9.00 The Andrew Marr Show (S) 10.00 Fern Britton Meets Alexander Armstrong (S) 11.00 Sunday Politics (S) 12.15 Bargain Hunt (S)(R) 1.00 BBC News; Weather (S) 1.15 FILM Enchanted (2007) (PG) (S) 2.55 Flog It! (S)(R) 3.35 Escape to the Country (S)(R) 4.20 Planet Earth II (S)(R) 5.20 Songs of Praise (S) 5.55 BBC News (S) 6.10 BBC Regional News; Weather (S) 6.20 Countryfile (S)	6.00 The A to Z of TV Gardening (S) (R) 6.45 Big Dreams Small Spaces (S) (R) 7.45 Life in a Cottage Garden with Carol Klein (S)(R) 8.15 Carol Klein's Plant Odysseys (S)(R) 8.45 Countryfile (S)(R) 9.45 Saturday Kitchen Best Bites (S) 11.15 International Rugby Union (S)(R) 12.15 MOTD2 Extra (S) 1.00 Live Snooker: UK Championship (S) 6.10 FILM Deep Impact (1998) (12) (S)	6.00 CITV 7.25 Scrambled! 9.25 ITV News (S) 9.30 Bear Grylls Survival School (S) 10.00 Peston on Sunday (S) 11.00 Gino's Italian Escape: Hidden Italy (S)(R) 11.30 Let's Do Christmas with Gino & Mel (S)(R) 12.30 ITV News; Weather (S) 12.40 Best Walks with a View with Julia Bradbury (S)(R) 1.10 The X Factor (S)(R) 3.00 Midsomer Murders (S)(R) 5.00 Tipping Point (S)(R) 6.00 ITV Regional News; Weather (S) 6.10 ITV News (S) 6.30 Off Their Rockers (S)	6.10 Motor Sport: 2016 FIA World Endurance Championship (S) 6.35 Le Mans Classic (S) 7.05 Everybody Loves Raymond (S)(R) 8.00 Frasier (S)(R) 9.00 Sunday Brunch (S) 12.00 Formula 1 Abu Dhabi Grand Prix Live (S) 4.40 Guy Martin's Wall of Death: Behind the Scenes (S)(R) 5.40 A Place in the Sun: Winter Sun A couple look for a holiday home on Ibiza. (S) 6.40 Channel 4 News (S)	6.00 Milkshake! 9.55 Teenage Mutant Ninja Turtles (S)(R) 10.30 Football on 5: The Championship (S)(R) 11.25 Football on 5: Goal Rush (S)(R) 12.00 The Gadget Show (S)(R) 1.00 FILM Twelve Trees of Christmas (2013) (PG) (S) 2.40 FILM Once Upon A Christmas (2015) (PG) (S) 4.25 FILM Annie Claus Is Coming to Town (2011) (PG) (S) 6.10 FILM Santa Who? (2000) (U) (S)
7	7.20 Strictly Come Dancing: The Results Tess Daly and Claudia Winkleman present last night's results. (S)		7.00 The Next Great Magician Stephen Mulhern and Rochelle Humes present more spectacular performances. (S)	7.00 The Secret Life of the Zoo Florence and Nadine, two of Chester's Grevy's zebras, are about to give birth. (S)(R)	
8	8.00 Planet Earth II Animals that live in deserts, including swarms of locusts, desert lions hunting giraffes, and a tiny bat defending itself against a scorpion. (S)	8.00 The Mayflower Drama-documentary exploring the grim reality behind the story of William Bradford and the Mayflower pilgrims. (S)	8.00 The X Factor Dermot O'Leary reveals the results of last night's show, before the lowest scoring acts compete in a sing-off. (S)	8.00 Escape to the Chateau New series. Dick and Angel Strawbridge continue their renovation of a French chateau. (S)	8.00 Ice Road Truckers Darrell braves the roughest trail remaining on the winter roads. Last in the series. (S)
9	9.00 My Mother and Other Strangers A local child falls seriously ill. Dr Black admits that there is only so much he can do, so Rose turns to Captain Dreyfuss for help. (S)	9.00 Whites v Blacks: How Football Changed a Nation Adrian Chiles presents the story of a football match played in 1979, in which a team composed entirely of black players took on an all-white side.	9.00 I'm a Celebrity Get Me Out of Here! Ant and Dec present the celebrity challenge, as the famous faces continue their ordeal in the Australian jungle. (S)	9.00 Humans Leo investigates the Silo and track down the sniper who shot Ten. Hester promises to use peaceful methods in dealing with the killer, but Leo is not sure she can be trusted. (S)	9.00 FILM Saving Private Ryan (1998) (15) American soldiers scour the battlefields of France in search of a missing infantryman. Steven Spielberg's Oscar-winning Second World War drama, starring Tom Hanks and Matt Damon. Includes 5 News Update at 10pm. (S)
10	10.00 BBC News (S) 10.20 BBC Regional News; Weather (S) 10.30 Match of the Day 2 Mark Chapman reviews the day's Premier League action. (S)	10.00 Black Is the New Black Life for black people in Britain in the present day. Last in the series. (S) 10.30 QI XL With Gyles Brandreth, Victoria Coren Mitchell and Jimmy Carr. (S)	10.30 ITV News; Weather (S) 10.45 Peston on Sunday Political magazine, presented by Robert Peston, with ITV News National Editor Allegra Stratton. (S)(R)	10.00 8 Out of 10 Cats Does Countdown Vic Reeves and Aisling Bea join host Jimmy Carr and team captains Sean Lock and Jon Richardson for the comedy quiz. (S)(R)	
11	11.50 Sunny D Dane decides to move out of his parents' house. (S)	11.15 Snooker: UK Championship Action from the concluding matches in the second round. (S)	11.45 Premiership Rugby Union Highlights from the ninth round of fixtures.	11.05 Jon Richardson: Nidiot A stand-up performance recorded live in front of a sell-out crowd at the Hammersmith Apollo. (S)(R)	
AFTER 12	12.15 Citizen Khan (S)(R) 12.45 Weather for the Week Ahead (S) 12.50 BBC News (S)	12.05 Snooker: UK Championship Extra (S) 2.05 Sign Zone: Countryfile (S)(R) 3.00 Holby City (S)(R) 4.00 This Is BBC Two (S)	12.40 Jackpot247 3.00 Motorsport UK (S) 3.50 ITV Nightscreen 5.05 The Jeremy Kyle Show (S)(R)	12.05 The Last Leg (S)(R) 1.10 FILM Beyond the Hills (2012) (12) 3.45 Formula 1 Abu Dhabi Grand Prix Highlights (S) 4.40 Kirstie's Vintage Gems (S)(R) 5.00 George Clarke's Amazing Spaces (S)(R) 5.55 Salvage SOS (S)(R)	12.20 FILM Flight of the Phoenix (2004) (12) (S) 2.15 SuperCasino 4.00 Tattoo Disasters UK (S)(R) 4.25 Tattoo Disasters UK (S)(R) 4.50 House Doctor (S)(R) 5.15 House Doctor (S)(R) 5.40 Angels of Jarm (S)(R) 5.50 Roary the Racing Car (S)(R)

DIGITAL

ITV2 SKY: 118 FV: 6

6.00 The Hot Desk: Busted 6.10 Emmerdale 8.35 Coronation Street 11.25 The X Factor 1.15 I'm a Celebrity Get Me Out of Here! 2.20 The Hot Desk: Louisa Johnson 2.30 Catchphrase Celebrity Special 3.30 You've Been Framed! Gold 4.00 FILM: The Mummy: Tomb of the Dragon Emperor (2008) (12) Fantasy adventure sequel, starring Brendan Fraser. 5.00 FYI Daily 5.05 FILM: The Mummy: Tomb of the Dragon Emperor (2008) (12) Concluded. 6.05 I'm a Celebrity Get Me Out of Here! 7.10 FILM: The Waterboy (1998) (12) Sporting comedy, starring Adam Sandler. 8.10 FYI Daily 8.15 FILM: The Waterboy (1998) (12) Concluded. 9.00 The Xtra Factor Live 10.00 Family Guy 10.30 I'm a Celebrity: Extra Camp 11.30 Family Guy 12.30 American Dad! 1.30 The Cleveland Show 2.25 Teleshopping 5.55 ITV2 Nightscreen

ITV3 SKY: 119 FV: 10

6.00 Movies Now 6.10 Wycliffe 8.05 Heartbeat 10.05 Agatha Christie's Marple 12.05 A Touch of Frost 2.05 FILM: Columbo: A Case of Immunity (1975) (U) Detective drama, starring Peter Falk. 3.45 FILM: Calamity Jane (1953) (U) Musical comedy Western, starring Doris Day. 4.45 FYI Daily 4.50 FILM: Calamity Jane (1953) (U) Concluded. 5.50 Inspector Morse 8.00 Lewis. When a student's body is hauled from the canal with stab wounds, suspicion falls on her lover - a young astrophysics professor - and his jealous wife. 10.00 Midsomer Murders 12.05 Agatha Christie's Marple 2.00 Wycliffe 3.25 May the Best House Win 5.10 You're Only Young Twice 5.35 ITV3 Nightscreen

BBC4 SKY: 116 FV: 9

7.00 Virtuoso Violinists at the BBC 8.00 Classic Albums 9.00 Second World War: 1945 & the Wheelchair President 10.30 Storyville: Bride for Sale - Sonita 11.30 FKA twigs 12.00 Monkey Planet 1.00 Tails You Win: The Science of Chance 2.00 Wild Burma: Nature's Lost Kingdom 3.00 Russia - A Century of Suspicion: A Timewatch Guide 4.00 Close

E4 SKY: 136 FV: 28

6.00 Animals Unleashed 6.20 New Girl 7.05 Baby Daddy 8.00 Melissa & Joey 9.00 Hollyoaks 11.30 Made in Chelsea 12.30 FILM: Clueless (1995) (12) Comedy, starring Alicia Silverstone. 2.30 The Goldbergs 4.30 The Big Bang Theory 9.00 FILM: Salt (2010) (12) Action

thriller, starring Angelina Jolie. 11.00 Tattoo Fixers 12.00 Tattoo Fixers on Holiday 1.10 The Inbetweeners 2.10 Crazyhead 3.00 Rude Tube 3.25 Hollyoaks

MORE4 SKY: 138 FV: 14

8.55 Tiny House Nation 9.55 Car SOS 10.55 Vet on the Hill 11.55 Come Dine with Me 2.40 Four in a Bed 5.15 Come Dine with Me 8.00 The World's Weirdest Weather 9.00 Father Ted 10.05 It Was Alright in the 1990s 11.10 Very British Problems 12.15 Sex Toy Stories 1.15 Deutschland 83 2.20 The World's Weirdest Weather 3.15 8 Out of 10 Cats Uncut 4.00 Close

FILM4 SKY: 315 FV: 15

11.00 Sahara (1943) (PG) Second World War melodrama, starring Humphrey Bogart. 1.00 Dr Seuss' The Lorax (2012) (U) Animated fantasy, with the voice of Danny DeVito. 2.45 Carry On Cabby (1963) (PG) Comedy, starring Sid James and Hattie Jacques. 4.35 Epic (2013) (U) Animated adventure, with the voice of Amanda Seyfried. 6.40 Mission: Impossible 2 (2000) (15) Action thriller sequel, starring Tom Cruise. 9.00 Men in Black (1997) (PG) Sci-fi comedy, starring Will Smith and Tommy Lee Jones. 10.50 The Running Man (1987) (18) Sci-fi action adventure, starring Arnold Schwarzenegger. 12.50 Carlos - Part Two 3.10 Close

DAVE SKY: 111 FV: 12

7.00 Storage Hunters 7.25 Top Gear 8.20 Top Gear Africa Special - Part One 11.00 Motorway Cops 12.20 Storage Hunters UK: Celebrity Special 1.20 Storage Hunters 2.20 American Pickers 4.20 Top Gear Africa Special - Part One 7.00 Jay Leno's Garage 8.00 QI XL 9.00 Have I Got a Bit More News for You 11.00 Dave Gorman: Modern Life Is Goodish 12.00 8 Out of 10 Cats 1.00 Not Going Out 2.50 The Money Pit 3.40 The Indestructibles 4.00 Close

DRAMA SKY: 158 FV: 20

7.10 Pie in the Sky 8.00 The Bill 12.00 Cranford 5.00 The Green Green Grass 7.00 Murdoch Mysteries 8.00 New Tricks 9.00 Silent Witness 11.10 Spooks 1.50 The Turn of the Screw 3.25 Garden Hopping 4.00 Close

SKY1 SKY: 106

6.00 Hour of Power 7.00 Futurama 9.00 Supergirl 10.00 The Flash 11.00 WWE: Raw 12.00 Drone Racing League 1.00 Futurama 2.30 Modern Family 5.00 The Simpsons 6.00 Harry Hill's Tea-Time 6.30 Yonderland 7.00 The Simpsons 8.00 A League of Their Own 9.00

An Idiot Abroad 2 10.00 The Force: Essex 11.00 The Force: Manchester 12.00 Strike Back: Project Dawn 2.00 DC's Legends of Tomorrow 3.00 Nothing to Declare 4.00 Border Security: Canada's Front Line 5.00 Road Wars

SKY ATLANTIC SKY: 108

6.00 The Guest Wing 7.00 Richard E Grant's Hotel Secrets 8.00 The West Wing 1.00 Without a Trace 5.00 Cold Case 9.00 Westworld 10.10 The Affair 11.20 The Young Pope 12.30 Divorce 1.05 Ray Donovan 2.15 Entourage 4.00 The Guest Wing 5.00 Richard E Grant's Hotel Secrets

W SKY: 109

6.00 DIY SOS: The Big Build 6.50 Your Home in Their Hands 8.10 EastEnders 10.40 Cops Uncut 11.10 Extreme Makeover: Home Edition 1.10 Doctor Who 5.10 Doctor Who: The Day of the Doctor 7.00 My Family 9.00 FILM: Transformers: Revenge of the Fallen (2009) (12) Sci-fi adventure sequel, starring Shia LaBeouf. 12.00 FILM: The Animal (2001) (12) Comedy, starring Rob Schneider. 1.40 Iceland Foods: Life in the Freezer Cabinet 2.30 Traffic Cops 3.00 Home Shopping

CHRISTMAS GOLD SKY: 110

7.05 Bewitched 7.30 Lovejoy 11.05 Whatever Happened to the Likely Lads? 12.05 Only Fools and Horses 3.25 Last of the Summer Wine 5.05 Porridge 6.10 Only Fools and Horses 9.00 Marley's Ghosts 9.40 Men Behaving Badly Christmas Special 10.40 French and Saunders 11.45 Extras 1.00 Bellamy's People 3.00 Bewitched 4.00 Close

SKY SPORTS 1 SKY: 401

6.00 Premier League Highlights 8.00 The Sunday Supplement 9.30 Goals on Sunday 11.30 Live Nissan Super Sunday. Watford v Stoke City (kick-off 12.00pm). 2.00 Live Nissan Super Sunday. Arsenal v Bournemouth (kick-off 2.15pm). 4.15 Live Nissan Super Sunday. Southampton v Everton (kick-off 4.30pm). Coverage of the Premier League clash, as the Saints welcome the Toffees to St Mary's Stadium. 7.00 EFL Goals. A round-up of recent matches. 7.30 Live La Liga Football. Real Sociedad v Barcelona (kick-off 7.45pm). 10.00 Premier League Highlights. Manchester United v West Ham United. 12.00 Goals on Sunday 1.00 Live NFL. New York Jets v New England Patriots (kick-off 1.30am). 4.30 Premier League Highlights



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+ Vice Squad + Rebel Station

Wed 23rd Nov • £5 adv • 9.30pm

Fishies Sports Night

Thu 24th Nov • £8 adv • 7pm

The Corsairs, Strike One and TraumaUK

+ Junkie Brush + Die in Vain

Thu 24th Nov • £22.50 adv • 7pm

Brian Fallon & The Crowes

+ Chris Farren + Dead Swords

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Sat 26th Nov • £11 adv • 6.30pm

Antarctic Monkeys

+ Dear Hero + Ash Adams

Sat 26th Nov • £21 adv • 6.30pm

Turin Brakes

+ Toy Tin Soldier

Sat 26th Nov • £10 adv • 11pm

Chris Lorenzo LIVE

Sun 27th Nov • £13.50 adv • 7pm

Walking On Cars

Sun 27th Nov • £10 adv • 7.30pm

Avatar - "Feathers & Flesh"

Wed 30th Nov • £18 adv • 6.30pm

Steve-O (Jackass)

Wed 30th Nov • £5 adv • 9.30pm

Fishies Sports Night

Thu 1st Dec • £22.50 adv • 7pm

Kula Shaker - K Tour, 20th Anniversary

Fri 2nd Dec • £8 adv • 7pm

Uprising - BBC Introducing

+ 31 Hours
 + Kanadia
 + Dolly Mavies
 + Wednesday's Wolves
 + A Way With Words

Sat 3rd Dec • £11 adv • 6.30pm

Motorheadache (A Tribute to Lemmy)

Sun 4th Dec • £22 adv • 7pm

Chas & Dave

+ Chasing Daylight

Tue 6th Dec • **SOLD OUT** • 7pm

The Fratellis - Costello Music 10th Anniversary Tour

Wed 7th Dec • £5 adv • 9.30pm

Fishies Sports Night

Thu 8th Dec • £26.50 adv • 7pm

Primal Scream

Thu 8th Dec • £16.50 adv • 7pm

The Wedding Present

Fri 9th Dec • £14 adv • 6.30pm

Absolute Bowie (Tribute) - Celebrating the life of David Bowie

Fri 9th Dec • £15 adv • 10.30pm

Trevor Nelson Club Classics UK Tour

Sun 11th Dec • £6 adv • 7pm

Youth Club

Sun 11th Dec • **SOLD OUT** • 7pm

Blossoms

Tue 13th Dec • £15 adv • 7pm

Minor Victories

+ Ulrika Spacek

Wed 14th Dec • £5 adv • 9.30pm

Fishies Sports Night

Fri 16th Dec • £8 adv • 6.30pm

Peerless Pirates

+ James Bell & The Half Moon All Stars

Fri 16th Dec • £17 adv • 10pm

Craig Charles Funk & Soul Club

+ Count Skylarkin'
 + Tony Nanton
 + The Tropics (Live Band)

Sat 17th Dec • £12 adv • 7pm

Leatherat Christmas Party

Sat 31st Dec • £14 adv • 9.30pm

Switch NYE 2016/17

+ SASASAS + Flava D
 + Mollie Collins

Wed 25th Jan • **SOLD OUT** • 7pm

The Hunna

Sat 28th Jan • £12 adv • 11pm

Switch feat. Sigma and Nadia Rose

Tue 7th Feb • £15 adv • 7pm

Loyle Carner

Thu 9th Feb • £14 adv • 7pm

Little Comets

Sat 11th Feb • £11 adv • 7pm

Cash (A Tribute to the Man in Black)

+ Hannah Clapham

Monday 13th Feb • £14 adv • 7pm

Kate Nash

Thu 14th Feb • £14 adv • 7pm

Ladyhawke

Wed 15th Feb • £10 adv • 6pm

Galactic Empire

Thu 16th Feb • £20 adv • 7.30pm

Union J

Fri 17th Feb • £10 adv • 6.30pm

Nearly Noel Gallagher's High Flyin' Birdz

Fri 24th Feb • £12.50 adv • 6.30pm

The Clone Roses

Sat 25th Feb • £8 adv • 6pm

Infurious and Violence Is Golden

Sat 25th Feb • £20 adv • 6.30pm

White Lies

Sat 25th Feb • £15 adv • 11pm

Dusky Live

Fri 3rd Mar • £12 adv • 6.30pm

The Amy Winehouse Experience...A.K.A Lioness

Wed 8th Mar • £10 adv • 6.30pm

Dutch Uncles

Sun 12th Mar • £8 adv • 7pm

SALES

Tue 14th Mar • £12 adv • 7pm

Bonafide

+ Chase The Ace
 + Killer Bee

Wed 15th Mar • £14.50 adv • 7pm

Lucy Spraggan

Sat 18th Mar • £20 adv • 6.30pm

Half Man Half Biscuit

Tue 21st Mar • £8.50 adv • 7pm

Declan McKenna

Tue 21st Mar • £8 adv • 7pm

The Wailers

Thu 23rd Mar • £16.50 adv • 7pm

Bear's Den

Mon 27th Mar • £12 adv • 7pm

Pulled Apart By Horses

Mon 27th Mar • £20 adv • 7pm

Blackberry Smoke

Tue 28th Mar • £19.50 adv • 7pm

Warpaint

Tue 4th Apr • £16 adv • 7pm

Mallory Knox

+ Lonely The Brave
 + Fatherson

Sat 22nd Mar • £15 adv • 7pm

Electric Six

Sat 6th May • £16 adv • 6.30pm

Ward Thomas

Fri 9th June • £25 adv • 7pm

The Skids - 40th Anniversary Show

Sat 24th June • £18 adv • 7pm

The Inflatables

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 + The Skabillies Rebels
 + King Hammond
 + The Rude Boy Mafia
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ENTERTAINMENT & LISTINGS

Ultimate fantasy fairytale

By James Richings

THERE may still be four weeks till Christmas but one of the best loved features of the festive season is here.

Get ready for shouts of 'he's behind you' and 'oh yes it is' – panto is about to hit Oxfordshire.

One of pantoland's most asked questions will be on the lips of families – will Cinders go to the ball?

Last year, the Oxford Playhouse had monumental success with, 'Aladdin', and 12 months later, the Beaumont Street venue is hoping they can recreate this with, 'Cinderella', which will be in Oxford from Friday, November 25 to Sunday, January 8.

"I'm so excited for this year's Christmas show at the Playhouse," Rochelle Rose, who plays the title character, told the Guardian.

"I was in last year's Christmas show (Aladdin) and I loved it and loved my time in Oxford, so saying yes this year was an easy decision."

Cinderella lives with her father, step-mother and two stepsisters.

The latter treat our heroine with little respect and she is made to do all of the disgusting chores with only her best friend Buttons to keep her company.

She dreams that one-day she will find her true love, go to a glamorous ball and live happily ever after.

But little does she know that on the other side of the Kingdom, Prince Charming is searching for his love and throws a ball where he invites all the eligible women in the land.

Will Cinderella escape the shackles of her evil relatives and finally find love? Or will she be alone forever?

"I hope the audience are entertained and are put in a good mood for the festivities of the season," Rochelle said.

"Also, I hope they take with them the spirit of the show, which is about believing in yourself and celebrating the things that make you unique, despite what others may say."

Rochelle is a huge advocate of live theatre, she said: "It is so important that young people watch live theatre.

"Amongst them, we have our future creatives and cultural gatekeepers.

"If we engage them at a young age and let them know that the theatre belongs to them too we can preserve this great art form as well as allow it to evolve."

The much-loved panto is at the Beaumont Street venue, with tickets costing from £15 to £27. For tickets and availability, go to www.oxfordplayhouse.com



• Rochelle Rose will play Cinderella

Jackass in the city

TALK: Comedian, activist, stunt man and television personality Steve-O will be at the O2 Academy on Wednesday, November 30.

The 42-year-old, best known for starring in the, 'Jackass' films, the entertainer comes to the Cowley Road venue to talk about his life and career.

Suitable for over 16s, tickets cost £20.25. The doors open at 6.30pm.

Omid on tour

COMEDY: Omid Djalili will be arriving at The Mill Arts Centre in Banbury tomorrow night, Friday.

The 50-year-old will present his, 'Schmuck for a Night' tour at the Spiceball Park venue, following his successful tour, 'Iranalamading-dong' which took place two years ago. The gig will start at 8pm and tickets cost £25.

Overtones show

LIVE MUSIC: The Overtones will be arriving at the New Theatre for their, 'Christmas with the Overtones' show on Friday, December 2.

They will perform tracks off their festive album, 'Good Ol' Fashioned Christmas' at the George Street venue. Tickets cost from £26.65 to £43.65 and it starts at 7pm.

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ENTERTAINMENT & LISTINGS

Powerful, emotional play

By James Richings

AN incredibly moving piece of theatre will be arriving at the Burton Studio on George Street from Tuesday, November 29 to Saturday, December 3.

Written by William Mastrosimone, 'Bang Bang You're Dead' tells of Josh, a school boy who is in prison after murdering his parents and school friends in a school shooting. The play examines how he arrived in such a position told through the victims themselves.

"Audiences can expect a powerful emotive performance that really delves into the psyche of Josh, the main character," actor Leo Danczak, who will be playing Josh, told the Guardian.

"Our director Antoni has choreographed some really fantastic visual representations of the inner workings of his mind that I'm really excited about.

"And personally, I want the audience to take away the humanitarian impact of such an event – something the rest of the cast are brilliant at – whilst also understanding the importance of mental health care (in regards to Josh).

"Showing the impacts through the eyes of the victims may also provide audiences with a point of view they

have never encountered before."

Sadly, the inspiration behind one of Mastrosimone's most famous plays is based on a true story.

On May 21 1998, Thurston High School in Oregon was the victim of a school shooting which saw two students die and 25 others suffer injuries.

The perpetrator was 15-year-old Kip Kinkel, who was expelled by the school a day before after being in possession of a stolen loaded shotgun.

After the police questioned him, his father, William Kinkel, drove him home from the station – he then shot him in the back of the head, killing him.

A few hours later, he then killed his mother, Faith Zuranski, shooting her twice in the back of the head, three times in the face, and once in the heart.

The following day, he drove to his school and opened fire on a group of innocent students, killing two of them.

He was sentenced to 111 years in prison without the possibility of parole.

"I am playing Josh, an angsty and nerdy teenager gone wrong in so many ways," Leo said.

"Josh is the victim of bullying, a situation I experienced way back in prep school and there are times when Josh shows such humanity I can't help but sympathise with him at points – I think



• Leo Danczak plays Josh in the powerful play

we all can.

"In what attracted me to the role, there's that aspect of sympathising with the origins of the character but it's also hugely interesting to play a character with such deep rooted issues and seeing how these manifest themselves.

"I'm also a strong advocate of gun control and thus highlighting the consequences of this was also a driving factor in wanting to do the play."

The show at the Beaumont Street venue starts at 9.30pm and tickets cost £6.

Mind games at studio

THEATRE: A psychological thriller will be performed at the Burton Taylor Studios in Oxford from Tuesday, November 29 to Saturday, December 3.

'The Double' tells the story of Yakov Petrovich Golyadkin who is struggling with life. So when he meets someone who is in the exact same position as him, but is more intelligent and charming, how will he cope?

The show starts at 7.30pm and tickets cost £6.

Magic of Motown

LIVE MUSIC: One of the UK's biggest Motown shows will be at the New Theatre in Oxford on Friday.

Now in its 10th year, 'The Magic of Motown' arrives at the George Street venue with hits from the likes of Marvin Gaye, Stevie Wonder and the Jackson 5.

It begins at 8pm, tickets £31.15.

Fancy a laugh?

COMEDY: Comedian Seann Walsh will be at The Chipping Norton Theatre on Thursday, December 1.

The 30-year-old comes to the Spring Street venue as part of his, 'One For The Road', UK tour.

The show will begin at 7.45pm and tickets cost £15.50.

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PROPERTY WEEKLY

Thursday, November 24 - Wednesday, November 30, 2016

www.oxfordpropertyweekly.co.uk



This property showcased courtesy of Andrews estate agent's Abingdon office

Four-bedroom home for sale

A FOUR-BEDROOM home in Abingdon is on the market for £525,000.

The property, Appledore Cottage in Brewers Court, off Winsmore Lane, Ock Street, is being offered for sale through Andrews estate agent's Abingdon office.

With its beamed ceilings, sash windows and feature fireplaces, the ground floor has a cosy feel for those winter evenings but also benefits from practical elements to suit a family including a cellar for storage and a cloakroom.

• Continued on page 44

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DIDCOT A newly refurbished, detached property, set on a generous plot abutting open fields and farm land. The bright and spacious accommodation has great flexibility for a home office or ground floor guest annex with en suite bathroom. The outside space is enclosed, private and is complete with a workshop/ outbuilding. EPC Rating D

£595,000 Didcot office 01235 818371



WANTAGE A rare opportunity to purchase a property in this highly regarded location. An extremely well presented and generously proportioned detached residence. EPC Rating D

£360,000 Wantage office 01235 772670



ABINGDON-ON-THAMES An attractive, South-facing rear garden compliments this well-presented, semi-Detached house set in a Cul-de-Sac with garage & parking. EPC Rating B.

£329,950 Abingdon office 01235 526907



WANTAGE A superb detached home with a high-quality refitted kitchen to include granite flooring and worktops plus NEFF integrated appliances. Ground floor cloakroom, full width living/dining room with bay window & French doors opening onto the patio. Private rear garden, EPC rating C

£325,000 Wantage office 01235 772670



DIDCOT A well presented three bedroom semi detached house located on the popular Ladygrove development. The house is just a short walk from Didcot town centre, Ladygrove Park primary school and Didcot Parkway. The property benefits from a garage and off street parking. Further photographs to follow. EPC rating C

£325,000 Didcot office 01235 818371



ABINGDON Features of this spacious property include an entrance hall with under-stairs storage cupboard; a larger than average lounge/diner with patio doors leading out to the fully enclosed rear garden; a modern kitchen plus an extended utility room area that leads through to a ground floor cloakroom/WC. EPC Rating D.

£299,950 Abingdon office 01235 526907



KINGSTON LISLE A substantial semi detached home on a corner plot within the attractive village of Kingston Lisle. Huge potential to extend & improve subject to the usual consents. Rural views, ample parking and no onward chain. EPC rating D

Guide £299,950 Wantage office 01235 772670



ABINGDON-ON-THAMES A stunning & newly fitted open-plan kitchen/family room compliments this newly renovated four double bedroom house. Available NOW. Unfurnished. EPC Rating E.

£1,850 PCM Plus fees Abingdon office 01235 526907



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Abingdon £375,000
 With natural light flooding through each window, this 3 bedroom property is the perfect place to cosy up during the winter months. EPC Rating D.



Abingdon £350,000
 "The owners have created a social space in the rear garden by incorporating patio areas ideal for garden furniture and barbecuing" EPC rating D



Abingdon £290,000
 Situated on the Tythe Farm development is this two bedroom end of terrace house with a modern kitchen, garage, and a conservatory. Awaiting EPC.



Marcham £400,000 A three bedroom family home with generous 16' sitting room. EPC Rating C



Central Abingdon £525,000 Sunny aspect character cottage in secluded courtyard location just 0.6 miles from central Abingdon. EPC Rating E.

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Drayton

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Abingdon

OIEO £370,000

'The rear garden is the perfect place to enjoy the English summertime due to its sunny aspect and carefully placed patio area' EPC Rating C



**Abingdon OIEO
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This home is a cosy retreat whilst still having access to the town of Abingdon. EPC Rating D.



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Light and bright, this three bedroom family home will appeal to those looking for a quiet village retreat within 4 miles of Abingdon. EPC Rating D.



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£375,000

This family home will appeal to those looking for a house which offers a no through road position, at the end of a cul-de-sac. EPC Rating C.

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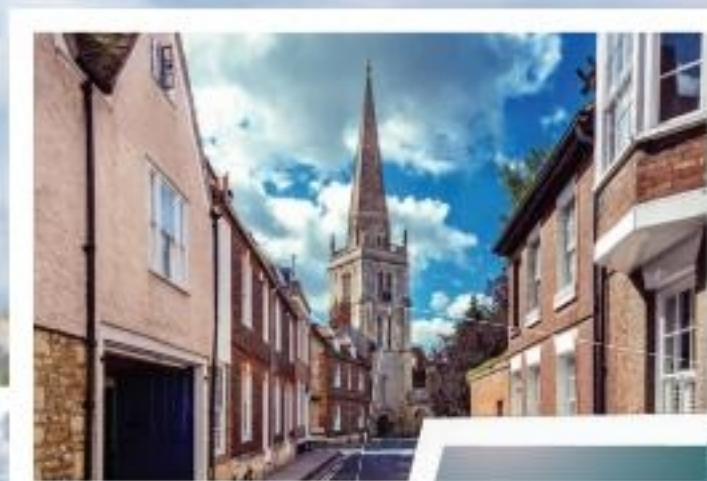
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Town flat on the market

Presented to the market in good decorative order, a flat in Victoria Road, Abingdon, on the market for £200,000 would suit first-time buyers, downsizers or those purchasers looking to acquire an investment.

Located on the first floor, the property is accessed from a shared stairway, which leads into a bright and light reception area with aesthetically pleasing wooden floor.

A period fireplace adds a wealth of character to the room and acts as a focal point of the living space. The fitted kitchen is open to the living area and is equipped with a range of contemporary wall and base units, finished with roll-top work surfaces and tiled splash-backs. The kitchen has been cleverly designed to make the most of the space available whilst offering a light and bright feel.

There is a door leading from the living room to the double bedroom which has been well appointed with fitted wardrobes. The front aspect sash window allows natural light to flood in, giving a light and airy feel. The ensuite bathroom has been fitted with a modern suite and tiles, adding a sense of luxury to the property.

The property is located less than half a mile from Albert Park, allowing good access to outside space for walks and plenty of fresh air.

Half a mile away is Abingdon town centre which offers a range of amenities from cafes and restaurants to clothing shops and public transport links to Oxford and Didcot. To arrange a viewing, contact selling agent Andrews Abingdon 01235 555553 or visit www.andrewsonline.co.uk



Home offers flexibility on use of space

• Continued from front page

The rear-aspect kitchen/breakfast room can be best enjoyed on a sunny morning with light flooding through the bay window and stable door leading to a secluded patio.

On the first and second floors, four bedrooms and a family bathroom offer flexible accommodation. One of the bedrooms is currently used as a study and overlooks the rear gardens and courtyard from a bay window.

The enclosed gardens have been essentially laid to lawn but landscaped to incorporate raised borders hosting a variety of plants and shrubs and a pathway leading to the single garage and driveway parking. There is also a patio.

For further details, contact Andrews Abingdon office on 01235 555553 or visit www.andrewsonline.co.uk.



Glimmer of hope that housing supply crisis is starting to ease

Bill Cooper, co-author of *The Oxford Property Blog* and managing director of Martin and Co, Oxford



The Oxford property market is bucking the predicted post-Brexit fallout with a return to business as usual after the summer break. Unfortunately, that means a lack of choice continues. The volume of available homes is still well down on what would be considered healthy levels last seen earlier this decade, meaning the substantial demand/supply imbalance continues. Until we start to see consistent and steady increases in properties coming on to the market in Oxford, the market is likely to see upward pressure on property values continue.

However, there may be hope for first-time buyers, with homeowners looking to move upmarket and buy-to-let landlords looking for their next investment, the Oxford property supply crisis just might

be starting to ease, as the number of new properties coming on to the market in Oxford has increased.

For example, last month OX2 saw 84 new properties coming on to the market, not bad when you consider for most of the last year the figure was in the late 60s/ very early 70s. With the average available Oxford property value hitting a record high, pushing ever closer to £500,000, according to my research, this shortage of properties over the last two years has contributed to this 'fuller' average property figure. However there is a glimmer of hope that the Oxford's supply crisis may be starting to ease.

1.95% of Oxford properties are up for sale. In terms of actual chimney pots, that equates to 871 properties on the market in Oxford (within four miles of the centre of Oxford), which, when compared to only a year ago when that figure stood at 810, is a serious increase in the number of properties available to buy. Split down into the type of property (where known), it makes even more fascinating reading:

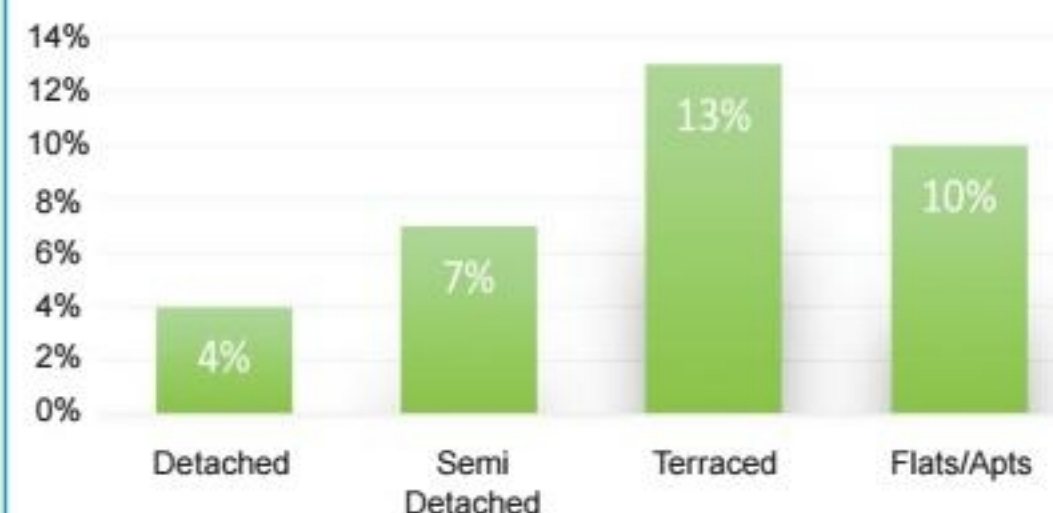
- Detached properties in Oxford - 180 on the market a year ago compared to 187 on the market now - an increase of 4%
- Semi-detached properties in Oxford - 281 on the market a year ago compared to 302 on the market now - an increase of 7%

- Terraced properties in Oxford - 147 on the market a year ago compared to 166 on the market now - an increase of 13%
- Flats/apartment Properties in Oxford - 173 on the market a year ago compared to 191 on the market now - an increase of 10%

This is evidence of strength in the Oxford

housing market that many didn't expect. This may mean property values won't continue to grow at the same extent they have been over the last 12 to 18 months, and, in some months (especially in the run-up to Christmas and early in the New Year), values might dip slightly. This won't be down to Brexit but a natural re-balancing of the Oxford property market which is good news for everyone.

Percentage Growth / Decline in the types of properties on the market today vs 12 months ago in oxford



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PROPERTY WEEKLY

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Abingdon £1,175 pcm
A spectacular two bedroom house, recently renovated to a high standard with a spacious living/dining and a refitted kitchen & bathroom. Available: Early December. EPC RATING: D

Abingdon £1,050 pcm

A second floor apartment in Abingdon town centre. Two double bedrooms, kitchen in an open plan living room, Allocated parking. Unfurnished. Available: Late December. EPC RATING: C



Abingdon £850 pcm
An attractive one bed house. Unfurnished. 6 month tenancy. Available Late October EPC RATING: D



Abingdon

Newly converted first & second floor duplex apartment in a fantastic location within the heart of Abingdon town centre. Great access to Culham Science Park, Milton Park & Oxford. Two double bedrooms (One furnished with a double bed, bedside tables & draws, the second with double sofa bed), bathroom, shower room, large living room with a two & three seater sofa's, kitchen with fridge/freezer, washer/dryer and dishwasher. Furnished. Available: 3rd February Additional fees apply

£1,050 pcm



Lower Radley

£2,700 pcm

A stunning energy efficient newly built family home within a short walk to Radley Train station. Four/Five double bedrooms, en-suite shower room to master bedroom with doors on to a private balcony with views on to the back garden. First floor bathroom, ground floor shower room, large entrance hall leading to the ground floor bedroom or snug, study, extensive living room/dining room with contemporary kitchen and separate utility room. Driveway parking for a maximum of four vehicles with gated side access to newly landscaped 155ft long rear garden with large patio area. Unfurnished. Available: Late November. EPC RATING: B



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Ambrosden £575,000

JUST LAUNCHED



The Arncott is an exceedingly spacious 4 bedroom home, with 3 bathrooms, 2 reception rooms, utility room, cloakroom and double garage. Built to an exacting standard and set in this highly popular village.

Upper Heyford £282,995


The Southwold is a three bedroom home including an open plan fitted kitchen, sitting room and dining area featuring french doors, split level oven and hob and integrated appliances. Upstairs benefits from an en suite and built-in wardrobe to bedroom one.

Ambrosden £500,000


The Chipperfield is a stone fronted detached family home offering 4 bedrooms, 2 bathrooms, 2 reception rooms, a stunning kitchen/diner, utility room, cloakroom and single garage. This superb home is available with HELP TO BUY.

Kingsmere £362,995

SSTC



A superb three bedroom semi detached property offering stylish and spacious accommodation over two levels. Early reservations will allow a discerning purchaser to spec their own decor.

ELMSBROOK £121,500

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Located in North West Bicester, this brand new shared ownership apartment is in the highly desirable Elmsbrook Bicester.

Plot 104 £344,995

SSTC



The Salisbury is a four bedroom home with a fitted kitchen including integrated appliances, an open plan sitting room and dining area with french doors and a downstairs cloakroom. Upstairs benefits from an en suite and built-in wardrobes to bedroom one.

The Ansell £479,995


The Ansell is a beautiful 5 bedroom house that offers; choice of fitted kitchen with integrated appliances, ground floor study and cloakroom, separate sitting room, ensuite and fitted wardrobes to master bedroom and double garage.

Kingsmere £446,995


The Foxcote is a five bedroom home with a fitted kitchen including split level oven and hob with hood and integrated appliances, Sitting room featuring french doors, Dining room and cloakroom. Upstairs benefits from an en suite to two bedrooms

The Canterbury £452,995


The Canterbury is a four bedroom detached home, It has an open plan fitted kitchen and dining area including integrated appliances, French doors, Downstairs cloakroom and study. Upstairs benefits from an en suite and built-in wardrobes to bedroom one.

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BICESTER

Barry Avenue

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POTENTIAL



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Tangmere Close

£350,000

END OF CHAIN



OFFERED TO THE MARKET WITH NO ONWARD CHAIN is this well presented home that offers THREE DOUBLE BEDROOMS, SOLAR PANELS and COOPER SCHOOL CATCHMENT.

Launton

£535,000

FIELD VIEWS



This extended home sits at the bottom of a cul de sac and enjoys stunning views over open fields. The property is well presented throughout and finished to a high standard.

Duns Tew

£240,000

COUNTRYSIDE VIEWS



Two Bedroom Stone Cottage set in an attractive village benefiting from a conservatory, private rear garden and views over open fields. The property also benefits from a modern fitted kitchen, modern bathroom, two spacious bedrooms and allocated parking in the court yard.

Orchard Way

£270,000

POTENTIAL



This well presented semi-detached home sits on a larger than average plot benefiting from partially converted garage. 3 well sized bedrooms, 2 reception rooms and offers a wealth of possibilities to extend subject to the relevant consents.

Almond Road

£375,000

CLOSE TO TOWN



A rarely available detached home within 0.5 MILES OF BICESTER NORTH STATION. Finished to an exacting standard throughout. NO ONWARD CHAIN

Kingfisher Way

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NEW INSTRUCTION



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Blackburn Walk

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NEW INSTRUCTION



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Pioneer Way

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NEW INSTRUCTION



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SHILTON PARK £299,995



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SHILTON PARK £300,000

SOLD ON THE 6 WEEK CHALLENGE



Three bedroom end of terrace home on the edge of the popular Shilton Park development. With garage and private parking. EPC Rating AWAITED.

SHILTON PARK £330,000



A beautifully presented detached family home tucked away on the popular Shilton Park development. EPC Rating AWAITED.

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ENTERTAINMENT & LISTINGS

The Kardashians made me

By James Richings

WHEN you see the words, political correctness, ISIS, and the Kardashians in the same sentence, you would probably think it's a misprint.

However, what if I told you that all of the topics mentioned above are the main inspirations for Shazia Mirza's new UK show?

The comedian will reveal what they have got in common when she stops off at the Old Fire Station on Thursday, December 1 as part of her, 'The Kardashians Made Me Do It' tour.

"It is called 'The Kardashians Made Me Do It' because when the three girls from Bethnal Green went to go and join ISIS, their parents were asked, 'why have they gone?' And the sister said, 'I can't understand why she's gone - she used to watch The Kardashians,'" she told the Guardian.

"My show is about offence, political correctness, ISIS and Jihadi brides so expect a lot of laughs and fun.

"There is no point watching a comedy show if there is not going to be much laughter."

The 39-year-old has had a glistening comedy career since she left her job as a secondary school science teacher at Langdon Park School in London.

After trying stand up for the first time in the early 2000s, Shazia has

seen herself winning a number of comedy awards which include the AWA Arts and Culture Award 14 years ago - her first major honour in the comedy world.

Since then, she has travelled all over the country to share her wit, presented a number of TV shows and writes columns for newspapers with the comic being described by the London Evening Standard as 'one of the most influential people in London' in their comedy section as part of the paper's '1,000 Most Influential People' section.

Amazingly, Shazia doesn't believe she has achieved her 'big break' yet, but as long as everything goes to plan at the George Street venue next Thursday, she believes she will be in comedy for a very long time.

"I have had so many bad gigs," she said. "But the worst has without a doubt got to be doing a corporate gig for The Metropolitan Police.

"It was horrific, they were awful, and the only person laughing was Christopher Biggins.

"And I feel like my 'big break' hasn't come yet," she added. "Sometimes you do things and you think 'this is it! This is it' and it's never it. It's never just one thing that makes or breaks you."

Tickets cost £13 and the show starts at 8pm.



• Shazia Mirza

Catch the burglars

CHILDREN'S THEATRE: Janet and Allan Ahlberg's picture book, 'Burglar Bill', will be brought to life at The Mill Arts Centre in Banbury this Saturday, November 26.

Bill and Betty are burglars who are after everything they set their eyes on.

Tickets cost £8.50 and it starts at 2.30pm.

Monkey business

LIVE MUSIC: An Arctic Monkeys tribute band will be at the O2 Academy in Oxford this Saturday.

Arctic Monkeys will come to the Cowley Road venue to perform some of the band's most iconic tunes.


Doors will open at 6.30pm and tickets cost £12.37.

Deepwater Horizon

FILM SCREENING: 'Deepwater Horizon' will be screened at The Chipping Norton Theatre on Friday.

The movie is based on the true events that took place on April 20, 2010 when the Deepwater Horizon explosion occurred on the Gulf of Mexico, killing 11 people.

It starts at 7.30pm and tickets cost £9.



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ENTERTAINMENT & LISTINGS

Thu, Nov 24, 7pm
O2 Academy, Oxford

BRIAN FALLON & THE CROWES

Brian Fallon supports his debut solo album, *Painkillers*, with a new UK tour. Bursting at its seams with huge hooks, big choruses, and enormous heart, *Painkillers* marks the first solo album from the American rocker, known far and wide as singer-guitarist of The Gaslight Anthem.

Fri, Nov 25, 8pm
The Mill Arts Centre, Banbury

OMID DJALILI

Award winning comedian and actor Omid Djalili known for his legendary stand-up performances is back on a nationwide tour! Intelligent, sometimes provocative and always entertaining, his stand-up is a hugely energetic and captivating comedy master-class. His credits range from Hollywood to television and the West End stage. Earning praise across the world for his performances, Omid recently starred in *Dickensian* on BBC1 and *Lucky Man* on Sky1.

Fri, Nov 25, 8pm
New Theatre, Oxford

THE MAGIC MOTOWN

Join the party as this scintillating show celebrates its 10th birthday. The unstoppable Magic of Motown thrills its millionth music fan this year, embarking on a super-sensational nationwide tour that

also honours the 50th anniversary of chart-topping single *Reach Out I'll Be There*.

Fri, Nov 25 – Sun, Jan 1
Oxford Playhouse, Oxford

CINDERELLA

Are you ready for a gigantic sprinkle of Playhouse magic this Christmas? Then get set to join Cinderella on a midnight coach ride through pantoland! There's only one problem: Cinder's ugly sisters and wicked step-mum make her scrape and clean all day and it's beginning to make her feel sad. She needs backup. She needs you! Plus some support from her best friend Buttons (who happens to be a mouse) and maybe a bit of help from a certain fairy godmother-shaped someone.

Sun, Nov 27, 7pm
New Theatre, Oxford

FRANK TURNER & THE SLEEPING SOULS

Frank Turner & The Sleeping Souls have announced details of a headline tour of the UK later this

year. The Get Better Tour will take in 20 cities throughout November and December.

Mon, Nov 28 – Wed, Nov 30
New Theatre, Oxford

THE MOUSETRAP

The Mousetrap is famous around the world for being the longest running show of any kind in the history of theatre, with over 25,000 performances and now the 60th anniversary production is back by popular demand following a record breaking sell out week. The scene is set when a group of people gathered in a country house cut off by the snow discover, to their horror, that there is a murderer in their midst. Who can it be? One by one the suspicious characters reveal their sordid pasts until at the last, nerve-shredding moment the identity and the motive are finally revealed.

Wed, Nov 30, 7.45pm
The Mill Arts Centre, Banbury

RORY BREMNER

Fresh from a sell-out run at Edinburgh, Rory's new mission is to make sense (and nonsense) of a world where Boris Johnson is Foreign Secretary, Donald Trump is a Presidential Candidate, and Brexit means Brexit.

Sat, Nov 26, 2.30pm
The Mill Arts Centre, Banbury

BURGLAR BILL

Capturing the spirit of the book,

and with an exciting set featuring lots of windows to climb through, *Burglar Bill* and *Burglar Betty* tell this much loved story with the help of puppets, music, song and dance.

Sun, Nov 27, 7.30pm
O2 Academy, Oxford

AVATAR – 'FEATHER & FLESH'

Sweden's Avatar hit the road with their groundbreaking new album, *Feathers & Flesh*

Tue, Nov 29, 7.30pm
Old Fire Station, Oxford

DANCE SCRATCH NIGHT

Each season we have three scratch nights, one comedy, one dance and one theatre. All are part of our regular Tuesday programme and have the same format – artists present new work and the audience feedback. It is a great way for artists (comedians, dancers or theatre makers) to try out new ideas, and for the public to see new and emerging work.

Wed, Nov 30, 6.30pm
O2 Academy, Oxford

STEVE-O (FROM JACKASS)

Best known for his dangerous stunts on *Jackass* and *Wildboyz*, Steve-O embarks on a new UK tour.

If you have a forthcoming event and wish to advertise it in one or more of Taylor Newspapers titles including this one please call 01235 511700 where we will be pleased to help.

For press releases about forthcoming events please email events@taylornewspapers.co.uk - (photos welcome) - specifying the area that the event is taking place in and we will do our best to promote it for you, space permitting, in one or more of our newspapers.

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The That's Oxfordshire TV Team: Hanisha Sethi, Scott Morgan, Felicity Walker, Ross Arrowsmith and Craig Punfield bring you the local news from 6pm.

Don't miss our talk shows:

Thursday: Beverley Sunderland hosts *The Business Show*,

Friday: Emma Jane hosts *The Well-being Show*,

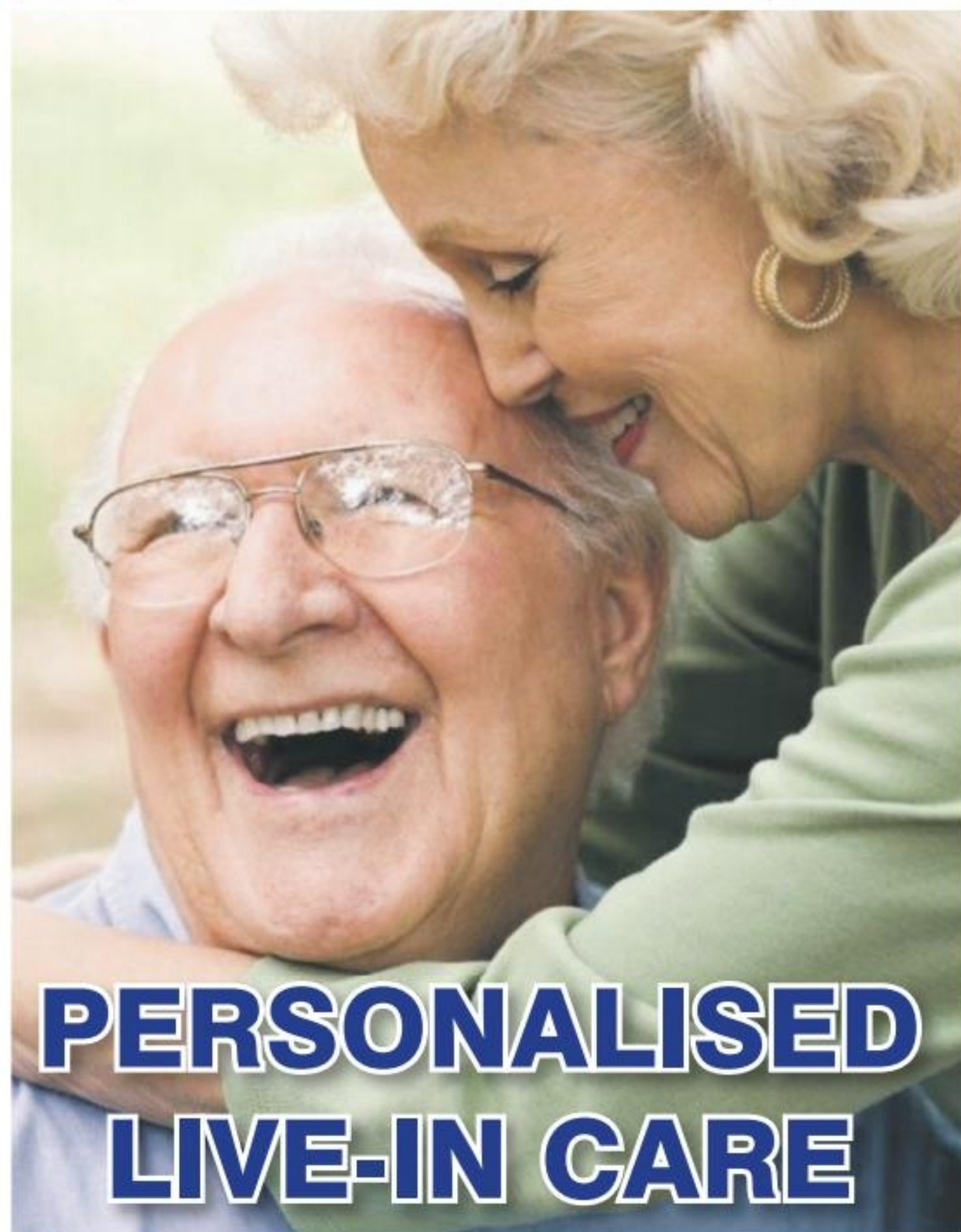
Monday: Craig Punfield hosts *Sport in Spotlight*,

Tuesday: Niki Breslin hosts *The Current Affairs Show*

Wednesday: Eve Ahmed hosts *The Community Show*

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MONEY MATTERS



Business Expenses Paid at HMRC benchmark rates

Last month's article touched on the use of HMRC benchmark rates for paying employee expenses without the need to obtain prior approval from HMRC. The rates are set out in the Income Tax (Approved Expenses) Regulations and there are qualifying conditions. These regulations replace previously published benchmark scale rates.

These rates are the maximum amounts that can be paid to employees free of tax and NICs. An employer can pay less than these rates and it will then be the responsibility of the employee to claim the difference on his or her tax return. Where higher rates are used without agreeing a bespoke scale rate with HMRC any excess over the published rate will be subject to tax and NICs.

The HMRC rates for specific expenses can be looked at in more detail.

Subsistence – rates are based on the minimum journey time so £5 for 5 hours, £10 for 10 hours and £25 for 15 hours or more.

The Qualifying Conditions for subsistence payments are that travel must be in the performance of an employee's duties or to a temporary place of work, on a journey that is not substantially ordinary commuting. The employee should be away from the normal place of work or home for a continuous period in excess of five hours or ten hours and the cost of food and drink should be incurred after starting the journey and appropriate evidence of expenditure should be retained.

There is no set rate for overnight accommodation – the bespoke rate application process should be used for this.

There are country by country HMRC rates for international travel and subsistence.

Authorised mileage allowance payments (AMAPs) are based on the type of vehicle and the business miles travelled. For an employee using their own car or van the first 10,000 miles are paid at 45p per mile and anything in excess of the 10,000 at 25p per mile. For motorbikes all business mileage is paid at 24p per mile and for pedal cycles at 20p per mile.

Points worth noting are that where an employee passes the office on route to a business meeting an



incidental stop to perhaps collect papers would be allowable. Tax relief is available for the cost of the journey from the employee's home to the place where the meeting was being held and back.

Temporary workplace journeys are treated as ordinary commuting or private travel where the journey is not significantly different to the employee's usual journey to work.

In order to claim travel expenses for what is regarded as a 'temporary workplace' there are specific rules set out by HMRC. The main rule is that the posting and contract must not be for more than 24 months. At the point where it is known that a contract/posting will last longer than 24 months travel cannot be claimed.

Use of Home - a homeworker can be paid £4 per week towards additional household expenses, which is exempt from tax. If your employer contributes more than £4 per week you will need to be able to show what you've spent to get tax relief.

HMRC Simplified expenses can be used for running a business from home as opposed to working out actual costs and apportioning them between business and private. The simplified expenses depend on how many hours are worked from home. A minimum of 25 hours a month must be worked from home.

Hours of business use per month	Current Rates £
25 to 50	£10
51 to 100	£10
101 and more	£26

Entertaining very much depends on the type of entertainment, who pays for it and who arranges it.

Business entertainment:

can be arranged and paid for by the employer directly
can be arranged by employee but paid for by employer
employees can be reimbursed for entertainment expenses

Non-business entertainment:

paid for by the employer is a benefit in kind and must be reported on form P11D
employee arranges and pays then is reimbursed – earnings therefore process through the payroll

Gifts < £50 per recipient and advertising the company are allowable

Small gifts (e.g. Xmas wine or turkey) to employees are deemed trivial and therefore exempt

Entertaining employees, including partners, is allowable provided the cost per head is < £150. The exemption only relates to one annual event such as the Xmas party. It does not include 'one-off' events such as celebrating a new contract.

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The above points have been highlighted by Peter Smith, a partner at The MGroup Partnership, an efficient and friendly firm of chartered certified accountants and taxation advisors with offices in Witney and Oxford. Peter can be contacted at p.smith@themgroup.co.uk if you would like to discuss your tax affairs or for more information please contact The MGroup on (Oxford) 01865 552925 or (Witney) 01993 776476.

Disclaimer: This summary is prepared for initial information only, and professional advice should be sought before acting on any points herein. No responsibility can be accepted for loss occasioned to any person as a result of action taken or refrained from as a result of these contents.

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Skoda Superb Estate 2.0 TSi



THE Superb is one of Skoda's top of the range cars and it sits very well at the top thanks to its incredibly stylish lines and spacious interior. The Superb is also one of the most technologically advanced out of all the range and is a perfect fit for a family looking for something with class or a business executive who's looking for additional comforts. Prices for the Superb also start at around £25k which makes it the perfect buy - and I would say it is one of the best compact executive cars you can buy at the moment.

Power and Efficiency:

Powered by a 2.0 litre 280PS TSi engine that is mated perfectly to a six-speed DSG gearbox with 4X4. Max speed comes in at 155mph and a 0-62 time of around 5.8

• Skoda Superb Estate 2.0 TSi 280PS 4X4 DSG

By Anthony Yates

seconds. Fuel economy is also good with a combined figure of 39.2mpg.

Design & Technology:

The Skoda designers have done a 'superb' job here of making one of the best looking estate cars to date. For many years people have refrained from buying an estate car because most are just plain boring - but not the Superb - because the Superb comes with an array of sleek features such as; the imposed bonnet lines and those sharp razor like flanks that detail the sophistication and design of the exterior.

On the inside you are welcomed by soft interior touches with chrome elements and a general sense of quality on the inside. You really can see that the Skoda designers have pulled out all the stops to make the Superb look and feel like a top quality executive class machine that is just as good - if not a little better than some of its rivals in a like for like comparison.

Inside; there's also plenty of standard kit - like Air-con, Adaptive Cruise Control, dual zone climate control,

rear parking sensors, Columbus satellite navigation system with 8" touch screen, Bluetooth handsfree, 3-spoke multi-function steering wheel, LED rear lights, Bi-Xenon headlights and ESC inc - ABS, EBV, MSR, ASR, HBA, DSR, RBS, CBC, multi collision brake (MKB) and autohold.

On the road:

The Superb really is in a class of its own - thanks again to that brilliant engine, chassis and gearbox which is pretty much an all round perfect fit. Also, into the corners - it feels poised and tight and easily deals with all the pot holes and bumps on our roads. The steering also feels light and direct, while Skoda's 4X4 system has been brilliantly set up to be in tune with the Superb in every way - giving you maximum grip and confidence at high speed and under heavy cornering.

To sum up:

A brilliant machine from Skoda and one that I am already missing a great deal.

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ADVERTORIAL

The Kia Sportage is rapidly becoming a household name. The Korean firm sold a massive 90,000 units of the popular third-generation car since its introduction in 2010, but it's fair to say it was beginning to feel its age.

So here's the fourth version of the family-focused SUV, ushering in vast improvements in a number of areas to keep it competitive with accomplished rivals in the shape of the Nissan Qashqai, Renault Kadjar, Toyota RAV4, Honda CR-V and Mazda CX-5.

Vastly improved driving experience

We were particularly impressed with the blend of ride comfort and handling (major chassis revisions and a new steering system help here) while the engine choices offer improved efficiency for those all-important lower running costs.

There are four motors on offer — a pair each of petrols and diesels — along with six-speed manual, six-speed automatic and seven-speed twin-clutch DCT automatic gearboxes.

Sportage is well equipped

It carries Kia's 'Tiger Nose' styling language, which seems to suit this size of car very well. The equipment

levels are a simple 1, 2, 3 and 4 format, with a special GT-Line trim slotting into the middle and a First Edition special model available for a limited time at launch.

As ever with Kia, there's a huge amount of equipment built into most trims. If we're being brutal we'd say that 1 specification is a little parsimonious, but moving up to 2 nets you a huge amount of useful kit including a touchscreen sat-nav, reversing camera, cruise control, parking sensors, DAB radio, Bluetooth connectivity and automatic lights and wipers. It's this specification, plus the low-emission 1.7 diesel, that makes the Sportage work well as a company car.

Right at the top of the range is a model built to celebrate the launch of the fourth generation. Dubbed First Edition, it gets almost everything Kia can throw at a car. Highlights include automatic parking, a powered tailgate, heated and ventilated front seats, a heated steering wheel and wireless smartphone charging — but only if your device supports it.

Long Kia warranty, great build quality

Of course, every Kia also gets the firm's seven-year, 100,000-mile warranty. Not only is this transferable to a second owner if you choose to sell the car, but if you buy a used one less than 18 months old from an official

Kia dealer, the seven-year warranty period is reset.

But that isn't an indication of unreliability — far from it — because Kia has built a fantastic reputation for build quality over recent years and the new Sportage feels better in this respect than any previous car from the company.

Thanks to the warranty and build quality, Kia has managed to secure impressive predicted residual values for this car. That translates directly into low PCP payments, and at launch Kia was advertising monthly payments starting at a barely believable £139 per month with a £3,000 deposit. That's cheap for most cars, let alone something of this size and quality.

One of our only major issues with the new Sportage is the boot, which is large but less flexible than some rivals, so make sure it fits your requirements before taking the plunge.

Should I buy one?

There are plenty of reasons to buy — or indeed lease — a new Sportage. Low CO2 emissions mean it won't cost the earth to tax, there's a long warranty, you get well-equipped trims and to cap it all it drives well too.



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COLOUR	WHITE	FUEL TYPE	PETROL
REGISTRATION	BD15 HVW	TRANSMISSION	MANUAL
YEAR OF REG	2015 (15)	BODY TYPE	HATCHBACK
MILEAGE	21,350 MILES	NO. OF DOORS	5

2013 FORD FOCUS ZETEC + APPEARANCE PACK

£7,990 + £25 ADMIN FEE



COLOUR	SILVER	FUEL TYPE	PETROL
REGISTRATION	FL63 XMP	TRANSMISSION	MANUAL
YEAR OF REG	2013 (63)	BODY TYPE	HATCHBACK
MILEAGE	34,336 MILES	NO. OF DOORS	5

2013 FORD FOCUS TITANIUM X TDCI

£8,750 + £25 ADMIN FEE



COLOUR	WHITE	FUEL TYPE	DIESEL
REGISTRATION	RV13 VVL	TRANSMISSION	MANUAL
YEAR OF REG	2013 (13)	BODY TYPE	ESTATE
MILEAGE	59,970 MILES	NO. OF DOORS	5

2016 FORD FOCUS ZETEC

£11,990 + £25 ADMIN FEE



COLOUR	BLUE	FUEL TYPE	PETROL
REGISTRATION	BW65 EJZ	TRANSMISSION	MANUAL
YEAR OF REG	2016 (65)	BODY TYPE	HATCHBACK
MILEAGE	9,333 MILES	NO. OF DOORS	5

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Car shown: Dacia Sandero Ambiance 1.2 16v 75 with optional metallic paint = £7,290



Dacia Logan MCV = from **£6,995***

Car shown: Dacia Logan MCV Lauréate TCe 90 with optional metallic paint = £10,290



Dacia Sandero Stepway = from **£8,495***

Car shown: Dacia Sandero Stepway Lauréate TCe 90 with optional metallic paint = £10,590



New Dacia Duster = from **£9,495***

Car shown: Dacia Duster Lauréate TCe 125 4x2 with optional metallic paint = £13,390

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The official fuel consumption figures in mpg (l/100km) for the cars shown are: urban 38 (7.4)-48.7 (5.8); extra-urban 57.7 (4.9)-60.1 (4.7); combined 48.7 (5.8)-55.4 (5.1). The official CO₂ emissions are 115-130g/km. EU Directive and Regulation 692/2008 test environment figures. Fuel consumption and CO₂ may vary according to driving styles, road conditions and other factors.

*Prices shown are manufacturer's recommended retail prices, available on featured new vehicles ordered by 31 December 2016 and registered by 31 March 2017. Prices shown include delivery to dealer, number plates, 20% VAT, 12-month government road fund licence and £55 first registration fee.



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Small Cars

15	Ford Fiesta 1.0 EcoBoost (Ed) Zetec 5dr (start/stop) Grey Petrol 10,631	£9,299
65	Ford Fiesta 1.0 EcoBoost Titanium 5dr (start/stop) Black Petrol 9,348	£10,999
15	Ford Fiesta 1.0 EcoBoost Zetec 5dr (start/stop) White Petrol 18,331	£9,000
65	Ford Fiesta 1.0 EcoBoost Zetec 5dr (start/stop) Grey Petrol 18,923	£9,999
65	Ford Fiesta 1.0 EcoBoost Zetec Powershift 5dr Silver Petrol 17,899	£11,269
65	Vauxhall Corsa 1.4 Turbo ecoFLEX SRi 3dr (start/stop) Black Petrol 12,003	£9,469
16	Vauxhall Corsa 1.4 Turbo ecoFLEX 1.6v SRi VX-Line 3dr White Petrol 10,250	£10,269
61	Vauxhall Corsa 1.4 i 1.6v SE 5dr (a/c) Silver Petrol 52,434	£4,669
16	Vauxhall Corsa 1.4 i SE 5dr Silver Petrol 7,279	£10,669
65	Vauxhall Corsa 1.4 i ecoFLEX SE 5dr Grey Petrol 13,676	£9,299
16	Vauxhall Corsa 1.4 i ecoFLEX SE 5dr Blue Petrol 10,660	£9,799
16	Vauxhall Corsa 1.4 i ecoFLEX SE 5dr Grey Petrol 8,947	£9,799
15	Vauxhall Corsa 1.4 i ecoFLEX SE 5dr White Petrol 10,329	£8,760
16	Vauxhall Corsa 1.4 i ecoFLEX SE 5dr Black Petrol 8,900	£9,799
16	Vauxhall Corsa 1.4 i ecoFLEX SE 5dr Grey Petrol 8,864	£9,799
65	Vauxhall Corsa 1.6 Turbo 1.6v VXR 3dr Blue Petrol 9,489	£14,269
14	Toyota AYGO 1.0 VVT-i Move Style 5dr White Petrol 32,223	£5,360
14	Toyota AYGO 1.0 VVT-i Move Style 5dr Red Petrol 32,348	£5,479
14	Toyota AYGO 1.0 VVT-i Move Style 5dr Black Petrol 38,136	£5,469
64	Toyota AYGO 1.0 VVT-i x-play 5dr Silver Petrol 23,158	£6,490

Family Cars

16	Ford Focus 1.0 EcoBoost T Titanium Auto 5dr (start/stop) Black Petrol 1,579	£15,769
16	Ford Focus 1.0 EcoBoost T Titanium Auto 5dr (start/stop) Grey Petrol 10,783	£14,769
15	Ford Focus 1.5 EcoBoost T Zetec S 5dr (start/stop) Silver Petrol 18,396	£12,969
15	Ford Focus 1.5 EcoBoost T Zetec S 5dr (start/stop) Blue Petrol 17,239	£13,269
16	Ford Focus 1.5 TDCi Titanium 5dr (start/stop) Black Diesel 16,951	£14,469
16	Ford Focus 1.5 TDCi Titanium 5dr (start/stop) Grey Diesel 11,051	£15,000
65	Ford Focus 1.5 TDCi Titanium Powershift 5dr (start/stop) Blue Diesel 10,924	£14,499
15	Ford Focus 1.6 TDCi Titanium 5dr (start/stop) Blue Diesel 29,324	£12,269
16	Vauxhall Astra 1.4 i 1.6v Turbo Elite 5dr Red Petrol 6,075	£14,469
16	Vauxhall Astra 1.4 i 1.6v Turbo Elite 5dr (Nov) Blue Petrol 7,662	£16,000
65	Vauxhall Astra 1.6 CDTi SRi Sport Tourer 5dr (start/stop) Grey Diesel 18,780	£11,000

Family Cars continued

65	Vauxhall Astra 1.6 i Design Sport Tourer 5dr Blue Petrol 13,011	£10,000
65	Vauxhall Astra 1.6 i Design Sport Tourer 5dr Grey Petrol 8,057	£10,000

Large Family Cars

16	Ford Mondeo 2.0 TDCi Titanium 5dr (start/stop) Blue Diesel 9,244	£19,000
65	Vauxhall Insignia 1.4 i SRi 5dr (nov, start/stop) Grey Petrol 10,849	£12,000
16	Vauxhall Insignia 1.6 CDTi SRi 5dr (nov, start/stop) White Diesel 5,863	£14,969
16	Vauxhall Insignia 1.6 CDTi SRi Sport Tourer 5dr Black Diesel 12,350	£14,669
65	Vauxhall Insignia 1.6 CDTi ecoFLEX Tech Line 5dr Grey Diesel 18,326	£13,299
15	Vauxhall Insignia 2.0 CDTi Tech Line 5dr Black Diesel 24,908	£12,469
15	Vauxhall Insignia 2.0 CDTi ecoFLEX Elite 5dr Black Diesel 22,551	£14,000
16	Vauxhall Insignia 2.0 CDTi ecoFLEX SRi 5dr Black Diesel 12,352	£15,000

MPV

15	Ford C-Max 1.0 EcoBoost Zetec 5dr (start/stop) White Petrol 21,859	£11,269
65	Ford C-Max 1.6 TDCi Titanium X 5dr White Diesel 18,457	£14,000
65	Vauxhall Meriva 1.4 i 1.6v Exclusiv 5dr (a/c) Silver Petrol 13,249	£7,649
65	Vauxhall Meriva 1.4 i 1.6v SE 5dr Silver Petrol 14,939	£9,951
15	Vauxhall Meriva 1.4 i 1.6v Turbo SE 5dr Blue Petrol 16,405	£11,000
16	Vauxhall Mokka 1.6 CDTi SE 5dr (start/stop) White Diesel 7,854	£16,299
16	Vauxhall Mokka 1.6 CDTi SE 5dr (start/stop) Grey Diesel 5,532	£16,269

SUV

16	Ford Galaxy 2.0 TDCi Titanium Powershift 5dr Black Diesel 17,011	£24,699
16	Ford Galaxy 2.0 TDCi Titanium X Powershift 5dr Grey Diesel 13,572	£27,999
65	Ford Kuga 2.0 TDCi Titanium X (AWD) 5dr Blue Diesel 12,745	£22,469
15	Ford Kuga 2.0 TDCi Titanium X (AWD) 5dr Blue Diesel 35,026	£19,469
16	Ford Kuga 2.0 TDCi Titanium X AWD 5dr Blue Diesel 4,605	£26,469
16	Ford Kuga 2.0 TDCi Titanium X Powershift AWD 5dr Blue Diesel 12,032	£23,769
65	Ford Kuga 2.0 TDCi Zetec 5dr Blue Diesel 9,571	£16,469
15	Vauxhall Zafira Tourer 1.4 i Turbo 1.6v SRi 5dr Grey Petrol 7,029	£12,699
65	Vauxhall Zafira Tourer 1.4 i Turbo 1.6v SRi 5dr Silver Petrol 9,497	£12,460
16	Vauxhall Zafira Tourer 2.0 CDTi SE 5dr Black Diesel 11,618	£15,669

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*Finance example: 2016 16 plate Vauxhall Insignia 1.4 Turbo 140ps Sri with Sat Nav, Cash Price £12,990 Cash Deposit/Part Exchange £3500, Total amount of credit £9490, Option to Purchase Fee £10, Initial Payment £ £181.05, 47 monthly payments £181.05, Final Instalment (optional) £3353, Total amount payable Duration of Agreement 49 months, Representative APR 9.9% APR, Interest Rate Fixed, Terms & Conditions apply.

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£21,167



16/66 Mazda3
5dr Hatch 2.0 120ps SE-L Nav,
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£16,045

Mazda Stocklist

Reg	Model	Price
16/66	Mazda2 5dr 1.5 75ps SE, Arctic White with delivery mileage	£9,995.00
16/66	Mazda2 5dr 1.5 75ps SE-L, Snowflake White Pearl with delivery mileage	£11,245.00
16/66	Mazda2 5dr 1.5 75ps SE-L, Metropolitan Grey with delivery mileage	£11,245.00
16/66	Mazda2 5dr 1.5 90ps SE-L Nav, Soul Red with delivery mileage	£12,665.00
16/66	Mazda2 5dr 1.5 90ps SE-L Nav, Aluminum with delivery mileage	£12,545.00
16/66	Mazda2 5dr 1.5 90ps SE-L Nav, Black with delivery mileage	£12,545.00
16/66	Mazda2 5dr 1.5 75ps SE-L, Metropolitan Grey with delivery mileage	£11,245.00
16/66	Mazda3 5dr Hatch 2.0 120ps SE-L Nav, Deep Crystal Blue with delivery mileage	£16,045.00
16/66	Mazda3 5dr Hatch 2.0 120ps SE-L Nav, Jet Black with delivery mileage	£16,045.00
16/66	Mazda3 5dr Hatch 2.0 120ps SE Nav, Aluminium with delivery mileage	£14,545.00

Reg	Model	Price
16/66	Mazda3 5dr Hatch 2.0 120ps SE-L Nav, Soul Red Met with delivery mileage	£16,165.00
16/66	Mazda3 5dr Hatch 2.0 120ps SE Nav, Blue Reflex with delivery mileage	£14,545.00
16/66	Mazda3 4dr Fastback 2.0 120ps SE-L Nav, Aluminium with delivery mileage	£16,045.00
16/66	Mazda3 5dr Hatch 1.5 100ps SE, Arctic White with delivery mileage	£13,095.00
16/66	Mazda CX-5 5dr 2.2D Sport Nav 2WD, Jet Black Mica with delivery mileage	£24,667.00
16/66	Mazda CX-5 5dr 2.2D Sport Nav 2WD, Sonic Silver with delivery mileage	£23,677.00
16/66	Mazda CX-5 5dr 2.2D SE-L Nav 2WD, Sonic Silver with delivery mileage	£21,167.00
16/66	Mazda CX-5 5dr 2.2D SE-L Nav AWD, Soul Red Metallic with delivery mileage	£21,297.00
16/66	Mazda CX-5 5dr 2.2D Sport Nav 2WD, Soul Red Metallic with delivery mileage	£24,400.00
16/66	Mazda CX-5 5dr 2.2D SE-L Nav 2WD, Sonic Silver with delivery mileage	£21,167.00

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*Mokka X Cash Price £19,705 - Part exchange allowance £3,000 - Customer Deposit £0 - Total amount of credit £15,205 - 47 monthly payments of £237.48 - Optional final payment £5,571 - Representative APR 3.64% - total amount payable £21,232.56 based on 6,000 miles per year. Astra SRI Cash Price £18,032.35 - Part exchange allowance £3,000 - Customer Deposit £0 - Total amount of credit £15,032.35 - 47 monthly payments of £219 - Optional final payment £6,306 - Representative APR 3.64% - total amount payable £19,599 - based on 6,000 miles per year. Corsa Energy Cash Price £12,371.99 - Part exchange allowance £3,000 - Customer Deposit £0 - Total amount of credit £9,371.99 - 47 monthly payments of £149 - Optional final payment £3,622 - Representative APR 3.64% - total amount payable £13,625.02 based on 6,000 miles per year. Part exchange allowance regardless of condition, age, or mileage. Other mileage totals are available. The 3 years free servicing must be carried out at Manufacturer recommended intervals and is to be redeemed only at an Eden dealerships. This promotion is available on the above models and is available on Eden Vauxhall stock only. Finance is subject to status, terms and conditions apply. Applicant must be 18 years or over. Finance by Black Horse finance St William House Tresillian Terrace Cardiff CF10 5BH. Excess mileage will be charged on the n the above vehicles. These offers supersede any other offer and cannot be used in conjunction with any other offer. For further details, please contact your local Eden branch.



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Fuel consumption figures for the Jazz 1.3 i-VTEC EX Manual mpg (l/100km): Urban 45.6 (6.2), Extra Urban 62.8 (4.5), Combined 55.4 (5.1). CO₂ emissions: 120g/km. Fuel consumption figures sourced from official EU-regulated laboratory test results, are provided for comparison purposes and may not reflect real-life driving experience. Model Shown: Jazz 1.3 i-VTEC EX Manual in Brilliant Sporty Blue Metallic at £16,645 On The Road (OTR). Terms and Conditions: New retail Jazz EX 1.3 i-VTEC petrol ordered from 01 October 2016 to 31 December 2016 and registered by 31 December 2016. Subject to model and colour availability. Offers applicable at participating dealers and are at the promoter's absolute discretion. Not to be used along with any other offers currently available. *0% APR representative Honda Aspirations (PCP): Minimum customer deposit 20%, maximum customer deposit 30%. You do not have to pay the Final Payment if you return the car at the end of the agreement and you have paid all other amounts due, the vehicle is in good condition and has been serviced in accordance with the Honda service book and the maximum annual mileage has not been exceeded. Excess mileage charge includes VAT at current rate. Indemnities may be required in certain circumstances. Finance is only available to persons aged 18 or over, subject to status. All figures are correct at time of publication but may be subject to change. Johnsons Cars Limited are credit brokers, not lenders. Credit provided by Honda Finance Europe Plc. Cain Road, Bracknell, Berkshire RG12 1HL. Honda Finance Europe Plc. is authorised and regulated by the Financial Conduct Authority, Financial Services Register number 312541. **5 Years' £555 Servicing: Please visit www.honda.co.uk/cars/offers. †Reference only specific to Sportrax 90. Johnsons Cars Ltd (Firm Reference Number: 512460) are an Appointed Representative of ITC Compliance Ltd, and are authorised & regulated by the Financial Conduct Authority (their registration number is 313486) and are permitted to advise on and arrange General Insurance contracts. Registered Name: Johnsons Cars Ltd, Registered Office: Johnsons Cars Ltd, Empire Court, Albert Street, Redditch, Worcestershire B97 4DA Registration No. 3716766 VAT Registration No. GB927551606.

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Fuel consumption figures for the Civic Sport 1.4 i-VTEC Manual mpg (l/100km): Urban 42.2 (6.7), Extra Urban 60.1 (4.7), Combined 52.3 (5.4). CO₂ emissions: 129g/km. Fuel consumption figures sourced from official EU-regulated laboratory test results, are provided for comparison purposes and may not reflect real-life driving experience. Model Shown: Civic Sport 1.4 i-VTEC Manual in Milano Red at £18,565 On The Road (OTR). Terms and Conditions: New retail Civic Sport 1.4 i-VTEC petrol ordered from 01 October 2016 to 31 December 2016 and registered by 31 December 2016. Subject to model and colour availability. Offers applicable at participating dealers and are at the promoter's absolute discretion. Not to be used along with any other offers currently available. ^Honda deposit contribution: £500 Honda deposit contribution on new Civic Sport 1.4 models purchased through Honda Aspirations. *0% APR representative Honda Aspirations (PCP): Minimum customer deposit 20%, maximum customer deposit 30%. You do not have to pay the Final Payment if you return the car at the end of the agreement and you have paid all other amounts due, the vehicle is in good condition and has been serviced in accordance with the Honda service book and the maximum annual mileage has not been exceeded. Excess mileage charge includes VAT at current rate. Indemnities may be required in certain circumstances. Finance is only available to persons aged 18 or over, subject to status. All figures are correct at time of publication but may be subject to change. Johnsons Cars Limited are credit brokers, not lenders. Credit provided by Honda Finance Europe Plc. Cain Road, Bracknell, Berkshire RG12 1HL. Honda Finance Europe Plc. is authorised and regulated by the Financial Conduct Authority, Financial Services Register number 312541. **5 Years' £555 Servicing: Please visit www.honda.co.uk/cars/offers. Johnsons Cars Ltd (Firm Reference Number: 512460) are an Appointed Representative of ITC Compliance Ltd, and are authorised & regulated by the Financial Conduct Authority (their registration number is 313486) and are permitted to advise on and arrange General Insurance contracts. Registered Name: Johnsons Cars Ltd, Registered Office: Johnsons Cars Ltd, Empire Court, Albert Street, Redditch, Worcestershire B97 4DA Registration No. 3716766 VAT Registration No. GB927551606.

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Kia Ceed PRO CEED SR7	1.4L 3 door Silver	£11,800
Kia Ceed SR7	1.4L 5 door Silver	£11,850
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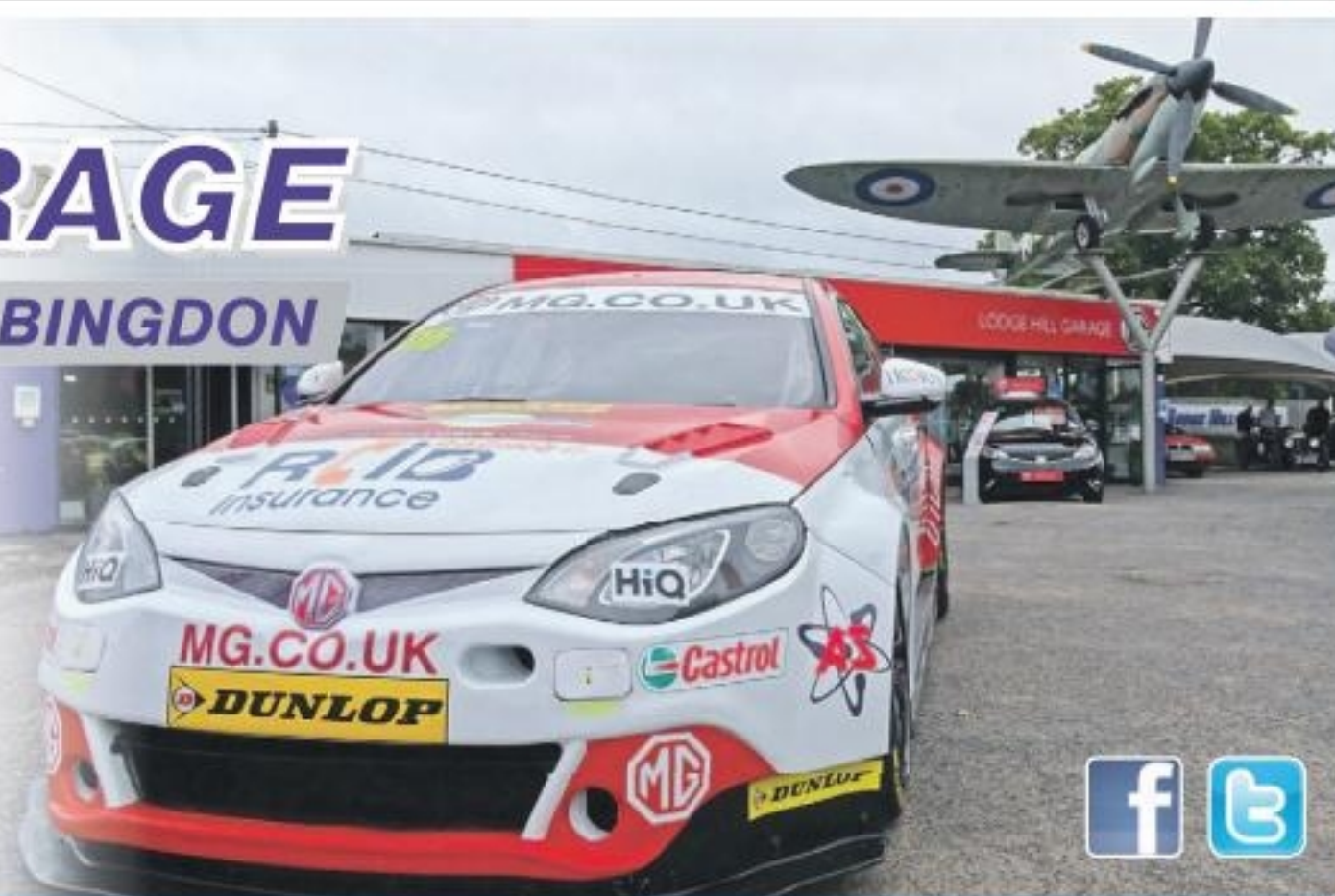
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This gas is compulsory for new cars from 2013 all be it has been around since 2010, although some manufacturers are still refusing to use this, notably Mercedes who are not happy with the flammable nature of the gas, which in turn means not many companies offer the re-gassing service for cars using r1234yf. But due to the amount of cars we sell we have needed to be able have this service onsite so we can now offer this service to our customers.

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Miles: 95,000
MOT: Aug 2017
Colour: Black
Price: £7,990

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Miles: 79,000
MOT: July 2017
Colour: Met Black
Price: £5,195ono

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31.12.16

Vauxhall Insignia 2.0 CDTi Exclusive Diesel



Year: 2011
Miles: 135,000
MOT: May 2017
Colour: Silver
Price: £3,795ono

5dr Hatchback, manual, 1 owner, FSH, PAS, ABS, Airbags, Trip computer, CD Player, Remote Alarmed Central locking with 2 keys. Electric front windows, seats & mirrors. Cam-belt changes Jan 2015. New Brakes & back tyres Jan 2016. New front tyres Nov 2016. 4 new glow plugs. Tel 01296 698535 or 07788 211644 T

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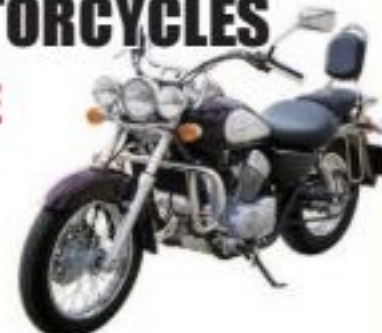
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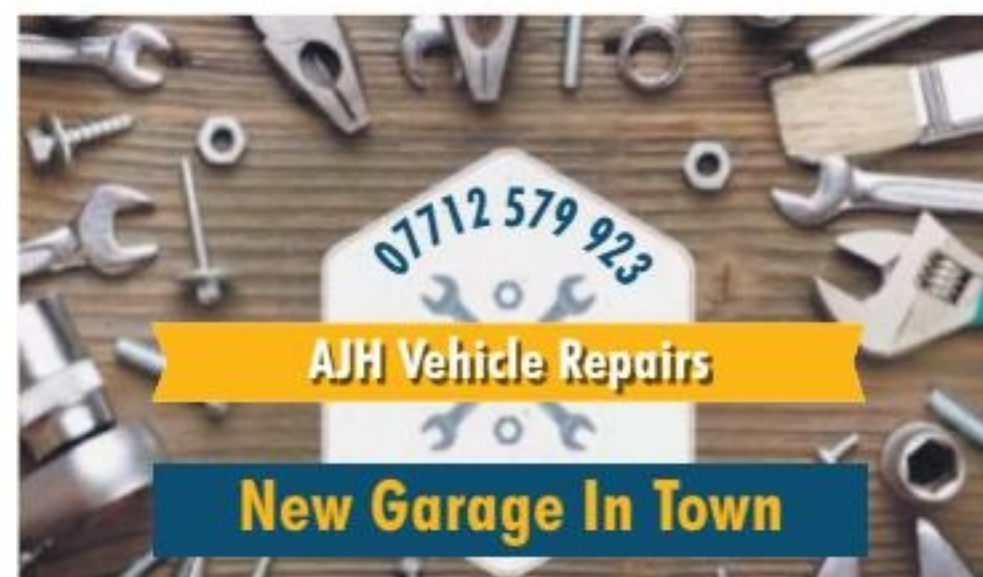
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Haas thrive in debut F1 season

By George Welch

WITH the 2016 Formula 1 season coming to a close in Abu Dhabi this weekend, Haas F1 are celebrating a record-breaking debut season.

The Banbury-based side sit in eighth position in the constructor's championship with 29 points – the most of any new team in this millennium.

All of Haas's points so far have been scored by one racer, Romain Grosjean, while teammate Esteban Gutiérrez has failed to register any points.

It was a memorable start for Haas in February when Grosjean completed the team's first ever race with a sixth-place finish in the season-opening Australian Grand Prix.

He delivered again with a fifth-place result in the second race of the season in Bahrain and the Frenchman collected further points in the USA, Austria and Russia.

Grosjean said: "It's been a great season. Joining the team for its first year was something special."

"I wanted to be the first person to score points for the team and a top-five – the next two targets are podiums and wins. Wearing the Haas Automation colours on the podium would be pretty special."

"For a first year, it's been a

very exciting journey. There have been ups and downs for sure but, generally, I'm very proud of everything we've done."

Haas's point tally of 29 is five times as many points recorded than any other new team since 2000.

When Jaguar debuted in 2000 and when Toyota came on the scene in 2002, each team managed only two point-paying finishes in their entire first seasons for a combined total of six points.

Guenther Steiner, team principal at Haas, which is the first American F1 team in 30 years, said: "We've been building up this team for more than two years, almost three years, so it has been a very exciting and a very challenging mission."

"There are two moments that stand out – going out in Barcelona for the first time with a new team during testing and then going to our first race and scoring points. It was like 'Wow, did we do this?'"

"We've had our ups and downs, and we will have more of them, but there have been a few moments that all the team members will remember for the rest of their lives."

Gutiérrez, who has failed to

score any points so far, said his highlight of the season has been making it through to Q3 in September's Italian Grand Prix.

He added: "It's been a very nice experience, but with a lot of challenges."

"Being a new team, you don't have a lot of people that you can really rotate, so it was quite a challenge for everybody, but also for myself."

• Romain Grosjean (picture courtesy of Haas F1)



Massa set for another emotional farewell

FELIPE Massa will bring the curtain down on his 15-year career in Formula 1 at the Abu Dhabi Grand Prix this weekend.

The Williams Martini Racing driver was reduced to tears after crashing out of his final home race in Brazil last time around.

But with Sunday representing a landmark day as he competes in his 250th and final Grand Prix before retirement, Massa is hoping to go out with a bang at the Yas Marina Circuit.

He said: "It's going to be another emotional one."

"You try not think about it too much when you're in the car, you just try to do as good a job as you can."

"It's a really nice track to drive, there are lots of fans who really enjoy themselves at the track, and outside of the track, it is, of course, a twilight race, which is interesting for us and everyone watching."

"We will, of course, have a big party [and] hopefully we can celebrate with a

great result."

Massa will go into the season finale with a top-10 finish still in his sights, with McLaren driver Fernando Alonso sitting just two points above him.

Up in eighth place, Williams teammate Valtteri Bottas will be hoping to close the gap on Force India's Sergio Perez at the venue where he took part in his first Formula 1 race in 2011.

Abu Dhabi has also represented a fruitful track for Williams in the past, with Massa and Bottas claiming a

record 66 points between them in 2014, under the double points system.

"The facilities are great there, and it seems like more and more people come to this race every year," said Bottas.

"Normally it's a good track for our car because of the long straights and short corner and chicanes, so I look forward to it."



• Sunday will be Felipe Massa's final race in Formula 1 (Picture by Williams Martini Racing)

Renault driver voices 2017 hopes

JOLYON Palmer has predicted big things from his Renault Sport team for the 2017 Formula 1 season.

The 25-year-old will complete the final race of his rookie season on Sunday at the Abu Dhabi Grand Prix.

Palmer has put in a number of encouraging drives for Renault this year, and claimed the first point of his F1 career in Malaysia last month.

This has led to the British driver being handed one of the two seats on offer at the team for the new season, alongside Nico Hulkenberg, with current teammate Kevin Magnussen set to join Haas.

And while admitting it was "a nice feeling" to have his future secure going into the season finale, Palmer also expressed his excitement at working with the Force India driver.

He said: "I haven't had the opportunity to get to know Nico yet, so I'm looking forward to this happening."

"Everything I've heard about him has been positive, and I have faith in the team to have chosen the right drivers for next year and beyond."

He added: "I've seen the wind tunnel model, and it looks awesome."

"It's going to be a great-looking car."

Ladies suffer big loss

OXFORD Hockey Club Ladies 1s suffered a winless weekend in home games against London Wayfarers and Buckingham Ladies 2s.

They were hammered 4-0 by visiting London Wayfarers on Saturday and drew 1-1 when they hosted fellow strugglers Buckingham on Sunday.

Wayfarers took the lead in the first half from a quick breakaway and the London outfit converted a further three goals in the second half.

Oxford kept pushing throughout, but MOM Beth Williamson, Christy Barnard, Vicky Small and Emily Malden, who all went close to netting a

consolation goal, could not find the back of the net.

The Iffley Road side were also left frustrated the following day when they were held to a stalemate by bottom club Buckingham Ladies 2s.

Emily Malden was on target for the hosts but were denied victory when Buckingham's Beth Stainsby fired home.

Three sides are cut adrift at the foot of the table with Oxford, Buckingham and Havant Ladies 1s all on four points each, seven points behind seventh-placed Spencer Women 1s.

Oxford face Buckingham again on Saturday.

Banbury see form go from hero to zero

BANBURY United's inconsistent season continues as they followed up back-to-back 4-1 league wins with back-to-back 1-0 defeats this week.

The Puritans lost 1-0 at King's Lynn Town on Saturday before losing by the same scoreline at home to Dunstable Town on Tuesday.

The defeats come in the wake of 4-1 wins at St Neots Town and Cirencester Town, meaning Banbury have now won nine and lost seven of their 20 league matches.

Mike Ford's side were on top for large periods against Dunstable but the decisive goal for the visitors came on 75 minutes when Sam Doolan met a free kick at the far post for the only goal of the game.

The Puritans were undone in a similar fashion at King's Lynn on Saturday, with Lynn's Toby Hilliard scoring the winner on 75 minutes.

United sit in ninth place in the Southern Football League Premier Division, six points off the play-offs.

The Puritans' weekend clash with Basingstoke has been postponed due to their opponents' FA Trophy 3rd qualifying round tie at Bath City. They will be looking to get back to winning ways at Slough Town on Tuesday.

• North Leigh's home game against Mangotsfield on Tuesday was postponed due to a waterlogged pitch.

Freds suffer two defeats

WANTAGE Town suffered their 11th and 12th defeats of the season this week.

The Freds lost 2-0 at home to Bideford on Saturday before suffering a 5-1 humiliation at promotion-chasing Evesham United on Tuesday.

Against Evesham, Mark Francis deservedly put Wantage ahead midway through the first half shortly after the visitors had missed a penalty.

But Evesham went into the break ahead through Mark Magee and Liam Harding.

Just past the hour mark, Magee hit his second and Lance Smith came off the bench and bagged two goals in three minutes.

On Saturday, Town were undone by a second-half Sean Downing double to send all the points back to Bideford.

The Freds, who remain in the last relegation place in 21st spot in Division 1 South & West, travel to fellow strugglers Paulton Rovers on Saturday.

• The club have announced the resignation of the club-house manager, Bernie Carter. Anyone who has bookings is asked to re-confirm the booking with club chairman Ian Glover via email ian.glover86@btinternet.com

City hammer Margate for biggest win of the season

By George Welch

FIVE-STAR Oxford City made it three wins in three matches with a 5-0 victory at 10-man Margate on Saturday.

First-half goals from Godfrey Poku and Robbie Cundy, followed by a second-half Tim Winters strike and a Mike Fondop brace helped the Hoops on the way to their biggest win of the season.

The visitors were already 4-0 up when the Kent club were reduced to 10 men with 20 minutes to go, Lewis Taylor the man to receive his marching orders for the Gate.

City had the better of the early exchanges and Jefferson Louis had a close-range goal disallowed for a foul.

Josh Ashby, twice, and James Roberts also had clear chances to open the scoring for the visitors in the first half-hour, while Luke Morgan volleyed the home side's first real chance over the bar.

But City made their creativity count when they took the lead on 40 minutes as Poku cut in from the left and tucked the ball inside the near post.

And, six minutes later, Cundy bundled the ball home from close range to take City in at the break with a two-goal lead.

It only took two minutes of the second half for the visitors to extend their lead as Winters jinked his way into the box and netted before Fondop lifted the ball over keeper John Henley to make it 4-0 on 64 minutes.

Fondop crashed home his second goal with three minutes remaining to round off the thumping win.



• Mike Fondop bearing down on goal for Oxford City this season (Pictures by Michael Allen)

Greens left feeling blue

KIDLINGTON were left ruing their luck after they lost 3-0 away to title-chasing Farnborough, despite the Greens being the better side for large periods.

Both sides missed penalties and the home side were reduced to 10 men in a frantic contest at Cherrywood Road on Saturday.

The early signs were good with both sides seeing plenty of the ball, but the first real chance fell to Kidlington in the 11th minute.

A Lewis Gabbidon header from a Lewis Coyle corner was only kept out by a brilliant point-blank save from goalkeeper Aaron Burton.

The hosts took the lead from a corner when the Greens only had 10 men on the pitch after Chris Weedon had gone off because of a knee injury.

The ball was whipped in and Farnborough's Josh Huggins beat Kidlington keeper Sam Warrell to head the ball into the net on the half-hour mark.

Farnborough then squandered a chance to double their advantage seven minutes when CJ Fearn skied a penalty kick out of the ground.

Kidlington had their chances in the second half, but, despite attack after attack the away side failed to create anything clear cut.

And the decisive goal that punctured Kidlington's hopes of a comeback came with nine minutes to go.

A swift breakaway led by Nic Ciardini saw the striker fire home from a tight angle to make it 2-0.

And Boro made it three with a couple of minutes left when Sam Pearce headed home from another corner kick.

There was still time for the Yellows to be reduced to 10 men and Kidlington to miss from the penalty spot - Coyle the guilty man, who, like Fearn in the first half, fired the ball out of the ground.

Streatham thrash Stars 7-1



• Joonas Liimatainen in action for the Stars (Picture by Phil Elliot/Oxford City Stars)

IT WAS another mixed weekend for Oxford City Stars who picked up maximum points at struggling Milton Keynes Thunder but were hammered at home to mid-table Streatham Redhaws.

The Stars won 3-1 at struggling Milton Keynes Thunder on Saturday, but suffered a 7-1 home thumping against mid-table Streatham Redhaws on Sunday.

Ben Paynter, Mike Whillock and Josh Oliver all scored for the Stars against Milton Keynes. Former Stars man James Clarke netted a late consolation for Thunder in the third period.

Stars suffered their worst home defeat

so far this season at the hands of the Redhaws. Simon Anderson's side were unable to establish any periods of pressure on the Streatham goal and the visitors raced to a 6-0 lead.

A first-period brace from Alex Sampford and a George Norcliffe goal gave Streatham a commanding 3-0 after the first period.

Norcliffe added his second in the second period before Callum Best and Sean Scarborough made it 6-0 to the London side.

Joe Edwards pulled one back for the Stars, but there was still time for Best to grab his second - and Streatham's seventh - of the night.

United's winless run ends

OXFORD United turned on the style in a 4-1 win against a hapless Coventry side at the Kassam on Saturday.

United went into the match winless in four games, a run that

began with a 2-1 defeat at the Ricoh Arena in October.

But the U's got their revenge with strikes from Kane Hemmings, Chris Maguire and Alex MacDonald plus an own goal.

It was Michael Appleton's side's biggest league win of the season but injuries to Joe Skarz and Wes Thomas, who were both stretchered off, put a dampener on the afternoon.

The home side were quickest out the blocks with Hemmings, Rob Hall and Chey Dunkley all going close.

But the U's did make their early pressure count when a

worse for the visitors when Lewis Page brought down Maguire to give United the chance to extend their lead 10 minutes before half-time. The Scotsman dusted himself off to convert from 12 yards.

The Sky Blues mustered their first shot on target on 38 minutes, but Andre Wright was no match for Simon Eastwood.

Hemmings should have made it 4-0 on 42 minutes, but from point-blank range fired straight at Burge.

At the other end, Page forced Eastwood into a smart save just before half-time.

The Sky Blues, who had overcome League

Two Morecombe in a mid-week FA Cup replay, made a change at half-time, switching from a 4-3-3 to a 5-3-2 and looked more threatening.

Coventry caretaker boss Mark Venus saw his players dictate more in the early stages but failed to create much in front of goal.

Like Oxford, Coventry had only won once on their travels heading into Saturday's fixture.

United compounded City's misery when MacDonald found space in the area to curl in the U's fourth.

Marcus Tudgay grabbed a 94th-minute consolation from the spot after Sterry was brought down by Dunkley.

racked up seven corners inside 20 minutes.

The Yellows doubled their advantage on the half-hour mark after some lacklustre Coventry defending.

Hemmings somehow eluded the whole visiting defence as he wriggled through before his effort ricochet off the keeper and rebounded off the unfortunate Jamie Sterry into the back of the net.

And things got

Injury update

OXFORD United have received mixed news following injuries to key players.

Midfielder Liam Sercombe has received a boost after it was initially feared he would be ruled out for the season.

The former Exeter City man looked set to miss six months after scans confirmed he had ruptured a medial knee ligament in the 2-0 defeat at Shrewsbury Town on November 12.

But after seeing a knee specialist, the recovery period for the 26-year-old has been reduced to three or four months, raising hopes of him playing again this campaign.

Sercombe tweeted he was "absolutely devastated", but vowed he would be back.

But there was less encouraging news for striker Wes Thomas however, who was stretchered off in Saturday's win against Coventry City.

The club has confirmed this week that the 29-year-old's season is over after he ruptured his Achilles tendon after coming on as a substitute. He lasted just seven minutes before being forced off.

There was better news for left back Joe Skarz who was knocked unconscious in the same match.

The former Huddersfield defender went to hospital but only suffered mild concussion after colliding heads with fellow defender Chey Dunkley.



• Kane Hemmings opened the scoring for Oxford United (Picture by Steve Daniels)

Alex MacDonald (left) celebrates with goalscorer Chris Maguire
Wes Thomas' season ends on a stretcher (Pictures by Steve Daniels)

Railwaymen extend unbeaten run to five

DIDCOT Town extended their winning run to four games and their unbeaten run to five following a narrow 1-0 win against Paulton Rovers on Saturday.

It was the visitors who started the brightest and Diddy's number one Leigh Bedwell had to be alert early on to save well when Jordan Ricketts raced through on goal.

Shortly afterwards, Sam Barder found himself with the freedom of Didcot in the middle of midfield and released forward Ben Whitehead.

Diddy's top scorer shot low with his left foot, but Andrew Hannah in

the Paulton goal saved well.

Paulton went close on a couple of occasions in the first half when a corner was poorly dealt with by the Didcot defence and a goal-line scramble ensued.

Chances were at an absolute premium as both teams cancelled each other out as the temperatures plummeted.

But the home supporters were warmed when their team took the lead almost immediately after the restart.

The excellent Declan Benjamin found the time and space to roll

Louis Joyce in on goal and the Didcot forward made no mistake with a low finish into the corner beyond Hannah for his first goal since his return to the club.

Paulton's only real chance of an equaliser came late on when a mix-up in the Town defence presented a chance for Kane Simpson to level the match but he fired harmlessly over the Didcot bar.

Didcot saw the game out relatively well after that scare without ever looking likely to adding to their tally to secure their first back-to-back clean sheets of the season.

Hole brace and Seacole strike see off AFC Totton

NORTH Leigh eased comfortably past AFC Totton 3-0 to record their first back-to-back league wins since the end of August on Saturday.

A first-half strike from top scorer George Seacole and a second-half brace from defender Stuart Hole moved the Millers to within six points of the play-offs with two games in hand.

Despite a slow start to proceedings in front of goal, the breakthrough came on 23 minutes through Seacole. Shaking off two

defenders and outpacing them, he carried the ball into the Totton penalty area and hit a left-foot shot past the keeper from 12 yards.

Following the goal, Leigh forced a series of corners looking to build on their lead, but the home defence stood firm and hit back with a period of pressure themselves which ended with a superb save on 32 minutes by Leigh keeper, Manny Agboola, who dived low to his right to hold on to shot in a crowded six-yard box.

Leigh survived early pressure

at the start of the second half and resumed their earlier superiority with both Roger James and Aaron Woodley having a deal of success down both flanks.

Just after the hour mark, Michael Hopkins put in a deep corner, which Hole met at the back post to score with a bullet header.

Four minutes later, on 69 minutes in a very similar situation, another Hopkins corner was headed home by Hole at the back post, this time the ball looping in over the keeper's head.



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More Sport inside: Ice Hockey: Oxford City Stars humiliated at home | Football: Oxford City resurgence continues with hammering of Margate

Johnson celebrates birth of child by delivering winner

Marvellous Marvin

OXFORD United made it back-to-back home wins thanks to a first-half goal from new dad Marvin Johnson against Gillingham at the Kassam Stadium on Tuesday night.

Johnson, who was absent from United's 4-1 thumping of Coventry City on Saturday (see inside), returned to the side to score his first goal for the club, giving the U's a 1-0 victory.

The deadline day signing from Scottish Premier League side Motherwell was the hero on a foggy night, driving home the winner after half an hour.

By George Welch

Johnson's partner went into labour on Friday, meaning the winger missed Saturday's win to be at the birth of daughter Ava.

Back in the side in the left back position following Joe Skarz's head injury at the weekend, the 25-year-old celebrated by playing a one-two with Kane Hemmings, racing past his man and dragging the ball back across stranded Coventry goalkeeper Stuart Nelson into the corner of the net.

Joyous baby-cradling celebrations by the corner flag ensued.

Two wins in four days have lifted Michael Appleton's side from one place above the SkyBet League One relegation zone up to 14th - just four points off the play-offs.

Gillingham, who had sat back and soaked up early U's pressure, came out of their shells after falling a goal behind, but United's defence remained mean, despite the Gills missing a couple of half chances.

Jay Emmanuel-Thomas went closest

for the Kent side when he headed an effort against the bar and Phil Edwards had to head Cody McDonald's follow up off the line.

Thick fog rolled in from the open end of the stadium in the second half.

Maguire saw two efforts go close but Gillingham caused problems of their own in United's area as well.

Emmanuel-Thomas forced Eastwood into a good save on 68 minutes with a shot from 25 yards, but Maguire matched him with another effort that skidded across goal after he had worked

his way past three defenders.

The midfield duo of Ryan Ledson and captain John Lundstram protected the back four admirably, although Eastwood was called upon to thwart the ever-dangerous Emmanuel-Thomas with six minutes remaining.

After four winless matches, it has been a positive week in which United have regrouped and refocused.

But they face the biggest test yet as they travel to table-topping Scunthorpe United, who have won their last five league matches, on Saturday.



• Marvin Johnson celebrated the birth of his daughter by scoring the winner (Picture by Steve Daniels)

LEAGUE 1 TABLE

1	Scunthorpe	19	24	43
2	Sheff Utd	18	13	37
3	Bolton	19	11	37
4	Bradford	19	10	35
5	Rochdale	19	5	30
6	Peterborough	19	7	29
7	Wimbledon	19	6	28
8	Fleetwood	19	5	28
9	Southend	19	-1	27
10	Bristol Rovers	19	-5	27
11	Charlton	18	7	26
12	Port Vale	19	-5	26
13	Millwall	18	0	25
14	Oxford Utd	19	0	25
15	Northampton	19	1	24
16	Gillingham	19	-6	23
17	Walsall	18	-6	22
18	Swindon	19	-8	20
19	Bury	19	-9	20
20	Coventry	19	-7	19
21	MK Dons	19	-6	18
22	Oldham	19	-10	17
23	Chesterfield	19	-11	15
24	Shrewsbury	19	-15	14

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Nikki's Story

Sudden Sensorineural Hearing Loss (SSHL)

Me and My Family - my hearing challenges affect the whole family



Imagine yourself inside a bubble. You are aware of sounds around you but nothing sounds clear, especially voices.

You know life is going on but you are struggling to join in. Conversations are awkward and you start to retreat. This is what it like when you start to lose your hearing. Our ears connect us to the world and to each other. It is how we stay involved in everyday life. Very few of us understand how we are hearing at a given time. It is only when our hearing really deteriorates that we decide to take action.

My name is Nikki Magrath and I have lived with a degree of hearing loss since childhood. In my late 30's my hearing deteriorated and then in May 2016 I lost my hearing completely. With great fortune and thanks to quick medical action my hearing recovered.

Sudden Hearing Loss is a rapid and often unexplained reduction in hearing, which can occur in a single second or over a couple of days.

My situation was extremely dramatic because thanks to a previous attack that occurred 15 years before I was only left with 20% total hearing. 20% is in real terms - a very low level of hearing that without the use of my little hearing aid would be pretty useless. But it is all the hearing I have and it keeps me connected to the world and my family.

So on the Saturday evening of this year's May Bank Holiday, my husband and I were filled with dread as we realised that my precious 20% was under attack again. I needed help and quickly, time really was of the essence.

Can you imagine our relief when we drove past Aston Hearing on that fateful Saturday evening and there was a light on, it was like coming into a port in the storm.

Duncan Collet-Fenson has been my audiologist for almost 15 years. He was very quickly able to establish how grave the situation was. He tested my hearing and our worst fears were confirmed. My precious 20% of hearing was under attack and was fading and fading fast.

Duncan suggested the only course of action was A&E and quickly. Armed with my hearing history and my new devastating audiogram, my husband and I headed off to hospital.

Hearing loss is a completely invisible condition, so when I arrived at A&E it was extremely difficult to impress upon the staff just how desperate my situation was becoming. As the minutes ticked away so did my residual hearing.

Eventually I was prescribed the high powered steroids I needed - the only course of action left to me. I started the 2 week regime and prayed for a miracle.

But by the Monday morning I had no hearing left whatsoever. I could not even hear my own voice and I faced the reality that I would never hear the voices of my children and my loved ones again. To add insult to injury I was also left with horrific tinnitus - which I had never experienced before. It is thought that this was my brain desperately looking for sound sensations, finding none and producing its own horrible, unrelenting engine noise.

My family found it very difficult to come to terms with our new norm. My daughter was up in Nottingham at University so at the first opportunity we rushed to her to prove I was still her mum and although my hearing had gone and we would need to find a new way to communicate - nothing else had changed.

Still on my 2 week steroid programme, I was in regular contact with Kate and Duncan from Aston Hearing, as we tried to work out a plan for my new life.

By the 14th day, I was starting to adapt to my new situation. My family and I were using a combination of sign, lip-reading and translator apps on my iPad to communicate. I started baking again and gradually getting back into normal life. But on that 14th day - right at the end of the course of steroids - I started to get some sensation in my ear. I dropped a baking tray on the kitchen floor and was convinced I heard something. I rushed to find my hearing aid and put it in. Yes it was coming back, my hearing was recovering. I thought it was a temporary reprieve so my first thought was to ring my daughter and hear her voice just one more time. The conversation we had on the phone that day was incredible.

As the day went on I felt my hearing was back to its original level - I could not believe it. I headed down to Aston Hearing to have my feelings confirmed, a new audiogram and yes complete recovery and no tinnitus.

So this brings us to today. I was given a second chance and I do not want to waste a moment. I made a promise to myself that I would use my experience to encourage everyone to worship their hearing, look after it, measure it and recognise exactly how important it is.

Sudden Sensorineural Hearing Loss (SSHL) can happen at anytime to any person, any age.

It usually occurs in one ear only, it can go with a 'POP' or start to sound distorted. It can be, but not necessarily, accompanied with tinnitus (ringing in the ear) or vertigo (dizziness).

It can be mistaken for temporary middle ear conditions and as a result the correct treatment is not always prescribed in the very narrow treatment window. It is a medical emergency and should be treated as such.

Emergency 24 Hour Hotline

Aston Hearing offers an emergency hotline (24 hours) to offer help, advice and where possible an emergency diagnostic hearing assessment to establish if it is an inner ear problem (sensorineural) - which requires immediate A&E response or a middle ear problem (conductive) - which is treated with less urgency and a GP appointment would suffice.

Call or text 07970 547999 or 07977 522150 out of hours, anytime, day or night. They will talk through your symptoms and arrange to see you for an emergency hearing test at the earliest possible opportunity. See www.astonhearing.com for more details.

hear in Thame

Open House Week

Saturday 26th November through to Friday 2nd December - join us and find out more about your hearing

Break The Silence

What we Learned By Alice Williams

Many of you may have seen Breaking the Silence on Channel 4 last week – a moving and inspirational programme following profoundly deaf people being fitted with a cochlear implant for the first time.

Although at Aston Hearing we don't directly deal with cochlear implants, there were many parallels in the stories of these new cochlear implant wearers and our clients who are fitted with hearing aids. The programme brought to light several issues that we would like to focus on in our practices.

Sudden Sensorineural Hearing Loss is prevalent in the UK and can be devastating

Our focus for the rest of 2016 and into 2017 is on raising awareness of Sudden Sensorineural Hearing Loss, following the experience of our long-standing client Nikki. Luckily, Nikki was able to rush to A&E, and her steroid treatment brought back her hearing after two and a half weeks of total deafness. For Rebecca and Brian in the programme, their hearing loss was permanent, and as both already experienced single-sided deafness, their hearing totally disappeared. Seeing first-hand the difficulties they faced has made us more determined than ever to spread the word about SSHL. For more information can be found here: www.astonhearing.co.uk

Losing your hearing can be an isolating experience

Hearing is one of the main ways in which we connect with the world around us. Through our years of experience and our work with the charity Hearing Link, we understand how emotional and difficult losing your hearing can be. Marion talked about her 'sense of total loss' and John mentioned how he has withdrawn from social activities, feeling '80% of a person'. At Aston Hearing we will always approach your hearing challenges sensitively and will treat you as an individual.

No hearing solution is perfect, and it may take time to get used to

Every person shown being fitted with their cochlear implant reported finding the noises strange or uncomfortable. Sounds were described as 'tinny' or 'like Mickey Mouse' and some people, like Brian and Fiona, didn't immediately understand everything said to them. We see the same with the hearing aids that we fit in our practice. Although some people adapt straight away, for others it can be tricky to adjust to hearing all the sounds they have been missing. It is worth remembering that your brain is flexible, and can in time adapt to your new perception of sound. With a little patience and perseverance, hearing aids can help you to fully join in with the world around you.

Family and friends have a crucial role to play in the hearing journey

The challenges of hearing loss can be lessened through the understanding of family and friends. John mentioned how friend Pete is never annoyed at him when he can't hear, and Rebecca described

her sister as her 'ears'. If someone important to you has problems with their hearing, practicing communication tactics can make all the difference.

Many people live with unaddressed hearing loss

The programme ended with a shocking fact – only 5% of people who would benefit from a cochlear implant actually have one. Although the figure is much higher for hearing aids (42% of people in the UK who could benefit from aids were wearing them in 2015), that is still more than half of people with hearing loss who are living in a quieter world. We hope that through our awareness campaigns we can encourage more people to see if hearing technology can work for them.

Bone Conduction Headphones - As seen on The Apprentice



Bone conduction headphones involve old technology, but with a modern twist. For years bone conduction has been used to help people with

hearing loss, primarily through bone anchored hearing aids. But now the hearing world is catching on, and bone conduction headphones are becoming a popular choice for people with normal hearing as well as those with a hearing loss.

Bone conduction is an essential part of how we hear. Sound vibrations pass through the ear drum, cochlear and bones simultaneously, reaching the brain where the noises are interpreted. Bone conduction headphones work by vibrating the bones in your cheek and jaw, sending sound vibrations to your inner ear and bypassing the eardrum.

Bone conduction headphones leave the ear open, meaning that sounds from the outside world can be heard. This makes the headphones an excellent choice for commuters, cyclists and anyone wanting to listen to music whilst staying safe on busy roads.

These headphones could also help people with a conductive hearing losses to enjoy music, as the sound does not pass through the middle ear. They are also a good option for hearing aid wearers, as you do not have to remove the hearing aids to use the headphones.

Voted the best bone conduction headphones by Everyday Hearing and with an Amazon rating of 4.2, we believe that Aftershokz are the best bone conduction hearing aids currently on the market. We would love to know what you think – available to buy at our Open Week or call or email us for details of colours and costs.

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